



Cuth's Postgrad Handbook 2025/26



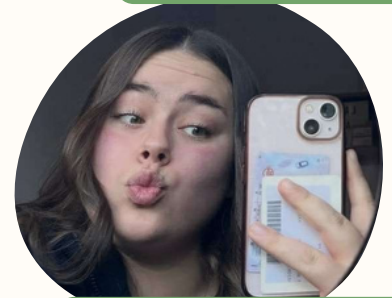
Introduction & Welcome

Firstly, for those of you who are joining Cuth's this year, massive congratulations and welcome to St. Cuthbert's Society, and for those of you returning, welcome back!



Thea (she/her)

I'm Thea Cave and I am the President of the Society at Cuth's. Me and my team are very excited to welcome you to our community.



Louise (she/her)

Our PG welcome team consists of Louise Giles (Vice-President of the Society), Matilda Bates, and myself! You may also bump into some amazing members of our PG community like Sarah and Luisa at some of our PG Freshers' Week events.



Matilda (she/her)

This handbook will give you an overview of our JCR, college, and generally what Postgrad life is like at Cuth's. I would also encourage you to check out the Freshers' Handbook which will have useful information in for those of you who are new to Durham and will introduce you to the other JCR Officers (volunteers who together run St Cuthbert's Society JCR).

You will soon learn that Durham has its quirks so hopefully this handbook will help to answer some of your questions and of course if there is anything else you can always email me at: president@cuths.com

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Key Terms

JCR

The Junior Common Room is a charity dedicated to Cuth's students, run by Cuth's students. The JCR includes Cuth's sports, societies, events, outreach and student-led welfare amongst much more.

PGM COMM

Postgraduate and Mature Students' Committee oversees events aimed at Postgrad students at Cuth's. You may see that other colleges have a MCR (Middle Common Room). While we do not have a separate MCR for Postgrads at Cuth's, the PGM Committee plays the same role.

JCR LEVY

This is the payment you make for your JCR membership. If you have previously studied in Cuth's and this is your 4th year, membership is free. For MA and PhD students the cost of membership is £57.50 which covers the entirety of your degree.

PARSON'S FIELD

The larger of the two Cuth's sites which is made up Refounder's House, Brooks House, Fonteyn Court and Parson's Field Court (PFC). The Postgraduate accommodation in Cuth's is located in Brooks House. It is also the location of some of social spaces, gyms and one of the bars.

THE BAILEY

The Bailey is located in the center of Durham and the more historic of the two Cuth's sites. It is the location of some of the UG accommodation, college library, dining hall, meeting space and the Bailey Bar.

INTER- MCR

You may see events throughout the year run by different colleges under the title of Inter-MCR. This essentially means that its open to all Postgrads from all colleges. Each college will usually host at least one Inter-MCR formal which is great opportunity to see other colleges and meet other Postgrads.

FREPS

Freshers' Reps are known as Freps who will welcome you into college when you move in and will be around for the first week so if you have any questions, they will always be happy to help.

Key Terms

WELFARE

There is a student welfare service that is run by four student officers: Senior Welfare Officer, Female Welfare Officer, Male Welfare Officer & the Welfare Officer.

STUDENT SUPPORT

This is the welfare service provided by the college. Lydia Harris leads the student support team and her office is upstairs in House 12 on the Bailey (up the stairs next to the reception). You can also be contact student support at: Cuthberts.studentsupport@durham.ac.uk.

BILLY B

The nickname for the main university library, the Bill Bryson Library which is located on 'the Science Site'

SCIENCE SITE

This is name many students will call Lower Mountjoy which has a lot of University buildings including the Bill Bryson Library, the Palatine Centre, the Calman Learning Centre and an array of department buildings.

SCR

The Senior Common Room is made up of staff from across the university, members of the local community and some of the alumni. They organise a range of events throughout the year.

FORMATIVES & SUMMATIVES

At Durham assessments fall into two categories: formative and summative. Formative assessments don't count towards your degree whereas summatives do.

CIS

Computing and Information Services. They run the University IT system so if you have any problems logging in or anything tech related get in touch with them.

DURHAM SU

They represent and support students across all colleges. They can be found in Dunelm House on New Elvet, next to Kingsgate Bridge. There is also study space available there during term time.

TPA

You may see for some college events the location is TPA. This refers to the Tom Percival Annexe which is located at Brooks House at Parsons' Field.

Cuth's JCR

Cuth's JCR (Junior Common Room) is the student body of Cuth's. The JCR runs, and is responsible for, our social events, sports, societies, welfare support, volunteering opportunities, facilities and representing the views of Cuth's Students. The JCR has an Executive Committee which has the PGM President as the representative for Postgrads and Mature Students. The Exec is led by our President and has a range of representatives from across the JCR. We also have a wide array of committees and positions available for students to get involved in, ranging from Welfare Committee to Governance Committee.

There's plenty of opportunities to get involved with something you're passionate about (I'll talk about our committees, sports and societies later in the handbook). If you want to get involved a great way to see what Cuth's is about is our JCR Meetings. They happen at least three times a term in either of our bars or the dining hall on the bailey. In the meetings any member of the JCR can run motions, which may involve the creation of new societies, new positions or changing something about how the JCR currently operates. Meetings also involve hustings for the JCR positions open for election.



Cuth's JCR & College

Cuth's JCR, unlike some of the other JCRs at Durham, is an independent charity which means we are completely run by students. The college part of Cuth's however is made up of staff including our Principal, Vice Principal, Student Support, porters, cleaners, secretaries and catering staff. The JCR and college work together to make Cuth's what it is, but have distinctive roles.

It can be confusing to know who to email about certain things. If you have queries about accommodation, academic matters, student support, etc please get in touch in with a member of college staff. With matters regarding events, welfare, sports & socs, gyms, library it tends to be best to get in touch with a representative of the JCR. Of course, if you have any issues and don't know who the right person is to contact feel free to email me and I can direct you.

Often people new to Durham will ask why Cuth's is a society rather than a college. In our history Cuth's was established in 1888 by people who did not want the same college life as the other existing colleges (Castle and Hatfield). The college consisted of people who lived out and were often mature. Today, we operate in the same way as the other colleges but remain proud of our history and like to pride ourselves of our independence.



College Officers

Principal - Professor Tammi Walker (she/her)



Professor Tammi Walker is Principal of Cuth's and Professor of Forensic Psychology. She leads the college and works closely with students, staff, and alumni to shape an outstanding experience. She is a Chartered Psychologist and former mental health nurse. She has a national profile and is passionate about justice, wellbeing, and inclusion.

The principal can be reached through the email: cuthberts.reception@durham.ac.uk

Vice-Principal - Dr Matthew Mills (he/him)

Dr Matthew Mills is Vice-Principal of Cuth's, working with the Principal and student officers to enhance your experience and foster a culture in which all can thrive. Earlier this year, he launched 'Evergreen', Cuth's unique enrichment programme, designed to spark curiosity, creativity, and compassion. A first-generation graduate from the North East, Matthew is passionate about access and the lifelong value of college community. He is also an academic theologian, whose latest publication explores the idea of goodness in the philosophy of Iris Murdoch.



The vice-principal can be reached through the email: matthew.mills@durham.ac.uk

Assistant Principal - Dr Lydia Harris (she/her)



Dr Lydia Harris is Assistant Principal of Cuth's and your key contact for student support and welfare. She works closely with the JCR Welfare Team and leads on personal wellbeing—no issue is too small. Together with a background in Classical Studies and Theatre, Lydia is also a medieval historian, with interests in gender, medicine, and sexuality. She's always happy to talk—whether about coursework, challenges, or your latest puzzle. Reach out whenever you need support.

The assistant principal can be contacted through the email: cuthberts.studentsupport@durham.ac.uk

Postgraduate & Mature Students' Committee

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The Postgraduate and Mature Students' Committee (PGM Comm) organises events and ensures that the voice of Postgraduate and Mature Students are heard in the JCR. In Cuth's it operates as the equivalent of an MCR which exist in most of the other colleges in Durham. PGM Comm will organise events which are aimed at you specifically as Postgrad and Mature Students, however by having a joint common room all the events, sports, societies, and opportunities that the wider JCR organise are also open to you. It's completely up to you about how much or how little you get involved, but I would encourage you to have a look at everything that is on offer for you.

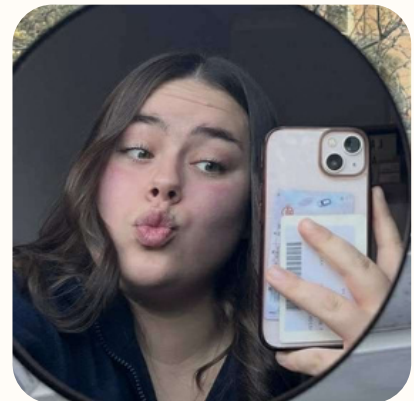
For this incoming year we have two positions on the committee which are already filled; myself (Thea) as President of the Society and Louise Giles as the Vice-President of the Society. However, all other roles will open in October and I would really encourage you to get involved!

**This could
be you!!**



Thea Cave
(she/her)

*President of the
Society*



Louise Giles
(she/her)

JCR Vice-President

Postgraduate & Mature Students' Committee

DO YOU FANCY
GETTING
INVOLVED?

At the beginning of the academic year, we will be looking to elect the incoming PGM President alongside the rest of the committee positions which will either be available to apply for or you can run for them in an election. Getting involved is a great way to get involved in the Cuth's community and have a leading role in PG Community. We have a large range of positions so check out the following list and see if there's anything that catches your eye. If you have any questions about any of them please feel free to pop me a message!

PGM PRESIDENT

The Postgraduate and Mature Students' President role is essentially the equivalent of an MCR President in the other colleges. This means you organise events for the Postgraduate and Mature Student community in Cuth's as well as represent them in a number of spaces including the JCR, College and the wider University. It is a truly varied position as one week you may be researching speakers for a research event, and the next you might be facilitating a day trip to Beamish, and then you may be starting to plan our biggest event of year, our Inter-MCR Murder Mystery Formal. This may seem overwhelming, however the PGM President is well supported by the President, PGM Comm, the Exec and CommsComm which makes it a really exciting role as it is truly what you make of it.

"As someone who has had a number of positions in the JCR including being PGM President, I have found the position to be one of the most rewarding. If you are at all interested in being our next President you can email Gabriel Cairnes Thomas, our SRO (sro@cuths.com) for information on how to run." - Sarah McAllister



Postgraduate & Mature Students' Committee

DO YOU FANCY
GETTING
INVOLVED?

Below is a list of the open positions on PGM Committee, all of them don't require any previous experience.

PGM TREASURER

The Treasurers' role is to oversee the budget for the committee. This position is elected.

PGM SOCIAL SECRETARY

This role involves working with the rest of PGM Comm to run the social calendar for Cuth's Postgrad and Mature Students. This position is available via application.

PGM ACADEMIC REP

The Academic Rep organises our Research Slams and Research Forums. This means working with college to arrange dates for talks and working with the committee to find speakers. This position is available via application.

MATURE STUDENTS' REP

They work with PGM Comm to represent Mature Students and organise events specifically for Mature Students. This position is available via application.

PG REP

They work with the rest of PGM comm in the organisation of events and represent Postgrad students. This position is available via application.

Postgraduate & Mature Students' Committee

DO YOU FANCY
GETTING
INVOLVED?

PGM INTERNATIONAL REP

They represent the views of International Students to the committee, as well as representing Postgrads on International Committee. This position is available via application

FOURTH YEAR REP

They work with PGM comm in the organisation of events and represent Fourth Year students. This position is available via application.

PG WELFARE REP

The PG Welfare Rep is in charge of sign posting Welfare Support available for Postgrad Students' and raising any issues or campaign ideas to Welfare. This position is elected.

PGCE REP

They work with the rest of PGM Comm to represent the views of PGCE students and ensure PGCE students remain informed of what is happening within college. This position is available via application.

GENERAL COMMITTEE MEMBER X 2

This role is flexible in what it does so if you have any ideas which PGM Comm currently does not have a rep for (ie. Postgrad PoC Rep, Postgrad Students' with Disabilities Rep) or you have a particular strength (ie. publicity and social media) this role could be perfect for you. This position is available via application.

The SCR

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The SCR is our Senior Common Room. The SCR is a voluntary organisation composed of members from the University and the wider community who are interested in supporting the college. Their members include academic staff at the university, local alumni and some members of the local community in Durham. The Senior Common Room, like the Junior Common Room, works with College staff in order to maintain the college community. Members of the Senior Common Room contribute to Cuth's in a variety of ways: many of them serve as College mentors, give talks about their research or other activities, or run Student Development and Employability events.

The SCR put on a number of events throughout the year to help enrich experiences in Cuth's, and almost all of these events are open to students. They also fund a grant for performing arts for students and award a prize for voluntary and charitable work.

SCR President - Dr Fiona Gaemson



cuthberts.scr-president@durham.ac.uk

Arriving at Cuth's - Checklist

PG Freshers' Week

- ☐ Check out our events schedule in the following pages (events start on **Wednesday 24th September**).
- ☐ Sign up for the **Welcome Formal** (Monday 29th September)
You will receive an email from college about this.

Getting Involved in Cuth's

- ☐ **Pay the JCR Levy.** The levy allows you to use our facilities (eg. the gym), discount on events, join sports & socs, have a JCR position, etc. For Postgraduates, the JCR levy costs £57.50 which covers the entirety of your degree.
- ☐ Decide if you want to purchase a **Freshers' Week wristbands**. For some events from the 28th September onwards, including going to the college bar or to clubs, you will need a Wristband. There are two options £20 without club entry and £30 including club entry. You can also pay to go to the bar each night individually.
- ☐ Sign up for **PG College Families**. College families are a tradition in Durham which introduces students to people with similar interests in their college

Social Media

- ☐ Join our **Facebook Group** 'St Cuthbert's Society Postgraduates and Mature Students':
www.facebook.com/groups/694627940612389
- ☐ Follow @cuthspg on **Instagram**
- ☐ Join the PGM Whatsapp Group - Link can be found here:
<https://chat.whatsapp.com/E9PeltA2VJi4H2bLeug2oO>

Postgraduate Freshers' Week

Wednesday 24th – Saturday 27th September

WEDNESDAY 24TH SEPTEMBER

During the Day	Move-Ins	Brooks House
7.30pm	Pub Quiz for PGs & International Students	Bailey Bar

THURSDAY 25TH SEPTEMBER

During the Day	Move-Ins	Brooks House
2.30pm	'Big Tescos' Shopping Trip	Meet at Brooks
8pm	Games Night	Brooks Bar

FRIDAY 26TH SEPTEMBER

2pm	Induction Talk	Tom Percival
3pm	PG Consent Workshop	Annexe
4pm	PG Race Awareness Workshop	
Evening	Pub Crawl	Meet at Brooks Reception

SATURDAY 27TH SEPTEMBER

11am	Newcastle Trip	Meet at Brooks
Evening	Brooks Bar Ice Breakers	Brooks Bar

Freshers' Week

Sunday 28th September – Sunday 5th October

SUNDAY 28TH SEPTEMBER

12.30pm	PG Picnic (Cafe Crawl weather dependent)*	Meet at Brooks
7.30pm	Bertie's Bongos Bingo	Brooks Bar
7.30pm	Traditionally Untraditional	Bailey Bar
10.30pm	Jimmy's (club)	Jimmy's

MONDAY 29TH SEPTEMBER

6pm	PG Welcome Formal*	Dining Hall
7.30pm	Open Mic Night	Brooks Bar
7.30pm	Cuth's Through the Decades*	Bailey Bar
10.30pm	Babylon (club)	Babylon

TUESDAY 30TH OCTOBER

8am	Matriculation*	Palace Green
tbd	Students with Disabilities Event*	tbd
7.30pm	Tonight we Steal the Moon	Parsons Field
7.30pm	Paint and Sip	Bailey Bar
10.30pm	Fabio's (club)	Fabio's

To attend Freshers' Week events you need to purchase a wristband
Any event marked with an * does not require a wristband

Freshers' Week

Sunday 28th September – Sunday 5th October

WEDNESDAY 1ST OCTOBER

tbd	Local & Northern Students' Event*	tbd
Daytime	Sports Day	Racecourse
7.30pm	Games Night	Brooks Bar
7.30pm	The 2025 Olympic Games	Bailey Bar
10.30pm	Loft (club)	Loft

THURSDAY 2ND OCTOBER

2–4 pm	Petting Zoo	Parsons Field
3–5pm	Mature Students' brunch*	Brooks Bar
7.30pm	Intergalactic Pub Quiz	Bailey Bar
7.30pm	Retro Night	Brooks Bar
10.30pm	Jimmy's	Jimmy's

FRIDAY 3RD OCTOBER

7pm–11pm	Neon Rave Finale	Parsons Field
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SATURDAY 4TH OCTOBER

Afternoon	Sports and Socs Fair*	Dining Hall
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To attend Freshers' Week events you need to purchase a wristband
Any event marked with an * does not require a wristband

Events organised by PGM Comm

Social Events

Postgrad Committee organises a number of casual social events throughout the year. These include meals out, nights in brooks bar, bar crawls, quizzes and going out for coffee.

Academic Events

Our Academic Rep will organise a couple of Research Forums each term. At these events a couple of people will speak about their research



interests. This usually involves an array of people across the Cuth's Community including students and staff. We also have Research Slams which are an informal research forum which allows people who haven't finished their research to get casual feedback on their work.

Inter-MCR Formals

MCR Formals occur across Durham colleges and are open to anyone from another MCR, or equivalent, so for Cuth's this any Postgrad, Mature Student or a Fourth Year Student. Most of formals will have a theme; we've had a murder mystery formal for the last couple of years which has proven to be very popular.



Wider JCR Events

Formals

Formals are held in Cuth's Dining Hall and often have a theme (ie. Burns Night). The dress code will either be Lounge Suit or Black Tie. Lounge suit means a regular suit and tie, a jacket, smart shirt and tie, a dress or most outfits as long as they're smart are fine. Black tie is a bit fancier – some people will wear Dinner Jackets, dress shirt and a bow tie, cocktail dresses or trousers and a blouse. Variations on this are welcome.

Big Events

Social Comm organise a number of big events throughout the year. This includes Balls held at external venues where there will be a three-course meal followed by entertainment for the rest of the evening which may include food vans, fairground rides, mini golf, etc.

The Feast of St Cuthbert happens every epiphany term and is held in college. It involves a three course meal followed by entertainment and culminates in a silent disco in our dining hall.

The final big event of the year is Cuth's Day where there is live music throughout the day in Cuth's gardens alongside a variety of other activities.

There are also a plethora of smaller scale events which are hosted by all the different committees alongside our sports and societies, so there is plenty to get involved in!



Cuth's Facilities

Cuth's Library

Cuth's Library is located in House 8 on the Bailey; it is easily identifiable with its lion head door knocker. The library is a great place to work, if the Bill Bryson Library isn't your cup of tea. Speaking of, the library has tea, coffee and biscuits readily available for those of who work there. You can also order any book you want to Cuth's library, so if there is something you would like to read, either something for academic purposes or a novel, keep an eye for book orders at the beginning of the term. You can also volunteer to work at the library so keep an eye out for more information if you're interested.



Bailey and Brooks Bar

At Cuth's we like to pride ourselves in our unique qualities, and one of them is that we have two bars. The Bailey Bar is located in House 12 and Brooks Bar is located Brooks House on the Parsons Field site. Throughout the year social events will be hosted at both bars including Karaoke nights, acoustic nights, and JCR meetings.

The Bailey Bar is one of the social centres of Cuth's and has a great atmosphere to hang out in and for socials. It definitely has the traditional pub feel about it, especially on a busy night.



Brooks Bar is a more of a casual place to hang out. It's a great place for some drinks with groups of friends, and for those of you who are living in Brooks, very convenient as it's only a walk down stairs for you. Brooks is also a good place to work during the day.

Cuth's Facilities



Gyms

We have a cardio gym and weights in gym both at the Parson's Field. In order to use either of the gyms you need to do a gym induction which will be advertised at the start of term. Gym membership is included in the JCR Levy.

Junior Common Rooms

As well as the 'JCR' referring to the student body of Cuth's, there are also two social spaces with one on the Bailey and one at Parson's field where you can hang out with fellow students. They also have spaces for study.

Kyle-Langley Music Room

Cuth's music room is located in Fonteyn Court at Parson's Field. It is sound proof and has a number of musical instruments and equipment in the room. The room can be booked out for practice.

Computer Rooms

There are also computer rooms so you can access any subject specific software that you will need for your course or work in college without lugging round your laptop



Sports & Societies

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We have a large range of Sports and Societies ranging from Football to Crochet. We have a Sports and Societies Chair who oversees them all so to keep up to date with them make sure you follow @TeamCuths on Instagram. The JCR levy allows the JCR to subsidise subs (essentially the membership) which means it is cheaper for you to join.

If you're passionate about something we don't currently have a society for, you can make one. Get in touch with Ben our Sports and Socs Chair and he can help you set it up. You'll need to get 15 people to say there are interested and take it to a JCR meeting.

There is a Sports & Socs Fair on the afternoon of Saturday 4th October which will be held on the Bailey. I would recommend going to have a look around and seeing what is on offer.



Save the date!

JCR Committees

Alongside our Sports and Societies we also have a number of different JCR committees which may be of interest of you. If you're interested in any of them feel free to get in touch with the chair (you can see a full list of JCR contacts at the end of this handbook) or if you're not sure who to ask you can always email me and I'll direct you.

- EXEC COMMITTEE
- PGM COMMITTEE
- GOVERNANCE COMMITTEE
- FINANCE COMMITTEE
- COMMUNITIES COMMITTEE
- OUTREACH COMMITTEE
- SOCIAL COMMITTEE
- LIBRARY COMMITTEE
- WELFARE COMMITTEE
- WELFARE CAMPAIGNS COMMITTEE
- SPORTS AND SOCS COMMITTEE
- SU COMMITTEE
- FACILITIES COMMITTEE
- INTERNATIONAL COMMITTEE
- FASHION SHOW COMMITTEE
- MUSIC COMMITTEE
- ENVIRONMENT COMMITTEE

Cuth's JCR Contact List

Role	Name	Email
President of the Society	Thea Cave	president@cuths.com
Vice President	Louise Giles	vice-president@cuths.com
Treasurer	Maddie Lewis Jones	fco@cuths.com
Senior Welfare Officer	Cara Cahill	senior-welfare@cuths.com
PGM President	*OPEN*	pgm-president@cuths.com
Sports & Societies Chair	George Gibbens	sports-and-socs@cuths.com
Publicity Officer	Kathiane Toure	publicity@cuths.com
Social Chair	Lily Lloyd-Williams	events@cuths.com
Outreach Chair	Molly Tait	outreach@cuths.com
JCR Chair	Jasper Yeung	chair@cuths.com
Students' Union Rep	Maddy Frank	su-rep@cuths.com
Development Officer	*OPEN*	development@cuths.com
Communities Chair	Charli James	communities-chair@cuths.com
Tech Manager	Chloe Zander	facilities@cuths.com
Librarian	Lauren Evans	librarian@cuths.com
International Rep	Cindy Wang	international@cuths.com
Head Frep	Kate Ponter	headfrep@cuths.com
Senior Returning Officer	Gabriel Cairns Thomas	sro@cuths.com
Student Trustee	Caleb Ross	caleb.ross@cuths.com
Student Trustee	Safiyyah Ghafoor	safiyyah.ghafoor@cuths.com
Male Welfare Officer	Benedict Porter	male-welfare@cuths.com
Female Welfare Officer	Evan Kelly	female-welfare@cuths.com
Welfare Officer	Eden Cottrell	welfare-officer@cuths.com
LGBTQ+ Rep	*OPEN*	lgbt-rep@cuths.com
PoC Rep	*OPEN*	em-rep@cuths.com
Student with Disabilities Rep	Luca Whittle	swd-rep@cuths.com
Working Class Students' Rep	*OPEN*	wcs-rep@cuths.com
Local and Northern Students' Rep	Chloe Shannon	local.students,rep@cuths.com
PG Vice-President	*OPEN*	pgm-vice-president@cuths.com
Gym Manager	*OPEN*	cuthsberts.gym@cuths.com
PG Rep	*OPEN*	postgraduate-rep@cuths.com
PGM International Rep	*OPEN*	pgm-international@cuths.com
Academic Rep	*OPEN*	academic-rep@cuths.com
Mature Students' Rep	*OPEN*	mature-students-rep@cuths.com

Cuth's Social Media



Postgrad and Mature Students



St Cuthbert's Society Postgraduates and Mature Students



@cuthspg



Use this link or scan the QR code to join our PG Whatsapp Group
<https://chat.whatsapp.com/E9PeltA2VJi4H2bLeug2oQ>

Cuth's Facebook Pages

St Cuthbert's Society JCR – Updates from across the JCR

Cuth's JCR Elections – All information about JCR Meetings and Elections will be posted on this page

Cuth's Welfare – All information from the JCR Welfare Team

Cuth's Instagram

@cuthsjcr	Updates from Across the JCR
@cuths_jcr_elections	JCR Meetings & Elections
@teamcuths	Cuth's Sports & Socs
@cuthsevents	Updates about the big events at Cuth's (eg. Balls and Cuth's Day)
@cuths.outreach	Volunteering opportunities and fundraising events
@cuths.pres	Updates from the President of the Society
@cuths_library	Cuth's Library
@cuths_welfare	Info about Cuth's welfare services and campaigns
@cuthsbar	Updates from the bar
@cuths.su.rep	Updates from our SU Rep
@cuths.development	Updates from our Development Officer
@cuths.localstudents	Updates from the Local Students' Rep
@cuths.poc	Updates from the PoC Rep
@lgbtq.cuths	Updates from the LGBTQ+ Rep
@cuthsinternational	Updates from the International Rep
@cuthsswd	Updates from our SwD (Students' with Disabilities) Rep
@working_class_cuths	Updates from our Working Class Students' Rep
@cuthsenvironment	Updates from the Environment committee

There are also accounts run by our sports and societies which you can follow