

# Cuth's JCR Freshers' Handbook 2023



# WELCOME TO CUTH'S!

## MK AAROY THEY/THEM - VICE-PRESIDENT

Hi everyone! Well done on your Durham offer and joining our community here at Cuth's! I am MK, a third year Music student and I am the Vice-President of the Society!

What this means is that I'm part of the JCR's Executive Committee which is made up entirely (except for the President) of students just like you and me. The Exec are there for you; to look after your welfare, run your sports and societies, your balls, and much much more. I also sit on all of the committees (minuting a lot of them) and support the President and Exec in whatever way they need me to.

As Vice-President I have made this handbook over summer to hopefully make Freshers' Week and moving to a new place slightly less daunting. There will be lots and lots of information so don't worry if you can't read it all at once (I honestly don't recommend it). There will be information on Freshers' Week, life at Cuth's generally, different ways to get involved and lots of resources for support!

I am really looking forward to meeting you all in Fresher's week and seeing you all throughout the year! If you have any questions at all about Fresher's, Cuth's or just anything at all don't hesitate to email me at [vice-president@cuths.com](mailto:vice-president@cuths.com) !!

Lots of Cuth's Love,  
MK xx



[vice-president@cuths.com](mailto:vice-president@cuths.com)





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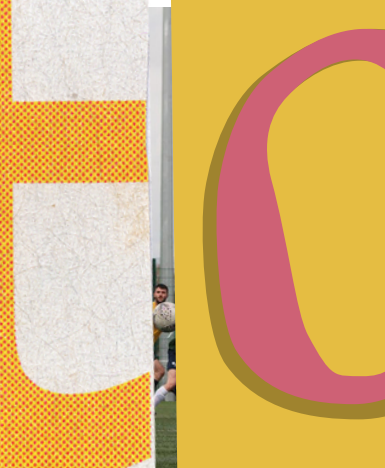
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WELCOME TO OUR CUTH'S



# PRESIDENTIAL WELCOME

**BEN THOMAS HE/HIM -  
PRESIDENT OF THE SOCIETY**



**president@cuths.com**

Hi, I'm Ben! I've been elected to be the JCR's President of the Society for 2023/24. I joined Cuth's in 2019 and graduated all the way back in June 2022 with a History degree, returned to Durham to be President last year, and was re-elected for a second term of office.

As President, I am the only employee of Cuth's JCR - an independent charity separate from College and Durham University - that exists to make your experience at Cuth's (and Durham) the best it can be. Other than myself, the JCR is entirely run by student volunteers, so we like to say that we are 'by students, for students'. There are loads of positions available, all of which are fun, sociable, and low-commitment!

As a history grad, I would be doing you a disservice if at this point I didn't give you a quick rundown of how we came to be. Cuth's was founded in 1888, uniquely, by students: those seeking an alternative to Collegiate life, who didn't want to be restrained by the rigid University structures of the time. Although we've changed a lot since then we've retained our character as an independent, forward-thinking and progressive organisation, hence why we've retained our original title of being a 'Society'. As I work full-time, my job is to ensure that the JCR runs smoothly and that you are represented to College and the University. Day-to-day, it can be broken down into three main areas:

1. I work with our Executive Committee, a team of elected student officers working alongside their degree, to make sure that all of our activities run well. This includes sports & societies, other JCR committees such as the Fashion Show and Environment Committee, events such as Summer Ball, Cuth's Day, and the Feast of St Cuthbert, volunteering opportunities, welfare campaigns, EDI initiatives through our Communities Committee, panto, and Freshers' Week itself!

2. I work with College as your representative to provide alternative opportunities and more specific support to students from a University perspective. Our main areas of collaboration include running formals, facilities like the gyms and music rooms, and events, from big ones like Cuth's Day on the Bailey or smaller events with the SCR.

3. I represent your views to Durham University. If you have thoughts about how this University is run - and I certainly do - come and talk to me. I meet regularly with various members of the University's governing body, and these conversations are only productive if you tell me the issues that you face as a student in Durham.

# PRESIDENTIAL WELCOME

But that's enough work talk. A bit about me. I joined Cuth's in 2019, and alongside my History degree became very involved in the JCR. In my first year I was a JRO (Junior Returning Officer), one of the low-commitment roles we have - in this case helping to run our elections. In my second year I sat on the Executive Committee as JCR Chair, and in my third year I sat on the JCR's Board of Trustees - the body that has ultimate responsibility for the JCR as a registered charity. I was (and am!) an active member of Cuth's running, climbing, pool, and CRACAS (Cuth's Real Ale and Cider Appreciation Society), a society where we brew our own beer and cider.

One of the perks of the job is that I get to live in the President's Flat in House 8 - you can drop by whenever you like to have a chat, or feel free to email me at [president@cuths.com](mailto:president@cuths.com) if you have any questions - even if it's just to redirect you to the right person to help you out!

My top bit of advice to freshers is that the first time doing something new is always the hardest. I meet so many people who get involved in second or third year and say that they'd wished they got involved earlier, but found it hard to get the courage to go. So bring a friend, someone from your flat, or even a frep, or just bite the bullet and go alone - Cuth's is a friendly and welcoming place! Jump into everything you can: you'll never know if you don't try!

I can't wait to meet you all during Freshers' Week, we've got a great week planned. But the fun truly does not stop there, the JCR works year-round to deliver fantastic events and opportunities to you. Make the most of it!

Ben Thomas

President of the Society 2023-24



# FRESHERS WEEK



Moving into a new place can definitely feel a bit daunting, but even more so if you don't know what to expect! This section of the handbook will give you an insight into how moving in/Freshers' Week will work so that you have an idea of what to expect when you arrive in Durham!

## FREPS!

Hi, I'm Andy and I am the head frep this year!

The head frep is responsible for the organisation of Freshers' Week and alongside dozens of volunteers we help move everyone in, as well as run events throughout the week to help the freshers settle in. So basically I am involved in planning all the events in Freshers' Week with the social chair and helping freshers settle in and enjoy their first week in Durham,

I am also responsible for the offer holder days running in March, which are a fantastic way to get involved! Feel free to say hello whenever you see me around, I will be everywhere during freshers. I am so excited to have the opportunity to make this Freshers' Week the best one yet!

## ANDY CHARTERIS - HEAD FREP



[headfrep@cuths.com](mailto:headfrep@cuths.com)



To make your Freshers' Week as brilliant as it can be, we have freps (fresher's representatives)! Freps are current Cuth's students who volunteer to help move you in and help run events. Each accommodation building has one team of around 8 freps, who will be more than happy to answer any question or query you may have about university life! Their main job is essentially to help you feel settled in and welcome at Cuth's!



# FRESHERS WEEK

You will be allocated a day and a time to move into your accommodation- and you will be given the location and postcode of the site you're at (either on parson's field or on the bailey!) so you'll know exactly where to go on the day! If you're unable to make the day/time allocated for any reason, just email back and let us know!

If on the day all doesn't go to plan, and you end up being early/late for your slot, do not worry at all! This happens every year, so don't panic! Just let us know when you arrive and everything will go on as planned from then. When you arrive, there will be freps outside the accommodation ready to greet you! We will show you to your room and help you unload any of your belongings so you don't have to! (Of course, only if you want us to!) Whilst this happens, one of the freps will take you to reception to get you all signed in. If you have any questions or queries at all about moving in or Freshers' Week, don't be afraid to get in touch! No question is a silly question. Email our head frep, Andy at [headfrep@cuths.com](mailto:headfrep@cuths.com)

## MOVING IN



CUTH'S JCR

**FRESHERS' WEEK**

2023

WITH CLUB ENTRY £36

WITHOUT CLUB ENTRY £24

THIS EVENT IS A FUNDRAISER FOR ST CUTHBERT'S SOCIETY JCR

## The JCR Levy

To become a member of the JCR you need to pay the JCR Levy.

If during your time at Cuth's you want to:

- Use our facilities - gym, music room, library, conference room
- Recieve a significant discount on events, like our three balls, Cuth's Day - and get access to exclusive events
- Join sports and societies
- Attend JCR Meetings
- Join over a 110 volunteers who run the JCR - from finances, events, environment, EDI initiatives and more
- Be involved in welfare and wellbeing campaigns

Then you'll need to join the 90%+ of people who decide to join the JCR!

Undergrad JCR Levy: £160.50

Postgrad JCR Levy: £53.50

The Levy is a one-off purchase that covers you for your whole degree, 3 or 4 years!

If, for any reason, you would struggle to pay the full £160.50 upfront and would prefer to pay in 3 termly instalments of £53.50, contact Sam ([fco@cuths.com](mailto:fco@cuths.com))

The link to purchase is in our Instagram bio, or on our website: [www.cuths.com](http://www.cuths.com)





# FRESHERS WEEK TIMETABLE

## FRESHERS WEEK TIMETABLE 2023



INSTAGRAM: @CUTHSJCR

FACEBOOK: OFFICIAL ST CUTHBERTS SOCIETY FRESHERS 2023-24

### SUNDAY 24TH

MOVE INS

7.30PM- DRESS AS YOUR  
SUBJECT NIGHT @ BAILEY BAR  
7.30PM- BROOKS BAR OPEN  
10.30PM- BOHEMIA (CLUB)

### MONDAY 25TH

7.30PM- BINGO @ DINING  
HALL & BAILEY BAR  
7.30PM- POOL & DARTS  
TOURNAMENT @ BROOKS  
BAR  
10.30PM- FABS (CLUB)

### TUESDAY 26TH

7.30PM- SPACE NIGHT @  
BAILEY BAR  
7.30PM- OPEN MIC @  
BROOKS BAR  
10.30PM- BABYLON (CLUB)

### WEDNESDAY 27TH

7.30PM- PIRATE NIGHT @  
BAILEY BAR  
7.30PM- KARAOKE WITH  
PIZZA @ BROOKS BAR  
10.30PM- KLUTE (CLUB)

### THURSDAY 28TH

1PM - PHOTO & MATRICULATION  
@ PALACE GREEN/CATHEDRAL  
7.30PM- PUB QUIZ @ DINING  
HALL AND @ BROOKS BAR  
(SOBER)  
10.30PM- LOFT (CLUB)

### FRIDAY 29TH

12-2PM- PETTING ZOO @  
PARSONS FIELD  
7PM-2AM- CUTH'S LIVE +  
SILENT DISCO @ DINING  
HALL & BAILEY BAR

### SATURDAY 30TH

2PM: Sports and Socs  
Fair @ Dining Hall  
7:30PM: Parents Evening  
@ Dining Hall

### SUNDAY 1ST

7:30PM: First JCR  
Meeting of the Term  
@ Bailey Bar! (and a  
free raffle!)

## MARGINALISED GROUP REP TIMETABLE 2023



INSTAGRAM: @CUTHSJCR

FACEBOOK: OFFICIAL ST CUTHBERTS SOCIETY FRESHERS 2023-24

### MONDAY 25TH

2-3PM- COFFEE WITH  
THE WORKING CLASS  
STUDENTS' REP, JAMES!  
@BROOKS

### TUESDAY 26TH

11-12PM- COFFEE MORNING  
WITH THE MATURE STUDENTS  
REP, SARAH! @BROOKS  
2-3PM- HOT DRINKS AND  
COLOURING WITH THE  
STUDENTS' WITH DISABILITIES  
REP, MATILDA! @BROOKS

### WEDNESDAY 27TH

11-12PM- LUKIE, OUR LGBTQ+ REP, IS  
HOLDING A COFFEE MORNING  
@BROOKS  
2-3.30PM- SARAH IS HOLDING A  
BOARDGAMES AFTERNOON FOR LOCAL  
STUDENTS!  
@BROOKS

### THURSDAY 28TH

NO EVENTS THIS DAY AS  
WE HAVE MATRICULATION  
DURING THE DAY!

### FRIDAY 29TH

3-4PM- FRIENDSHIP  
BRACELET MAKING WITH  
OUR POC REP, RU!  
@BROOKS

# PRE-FRESHER ADVICE...

...from current Cuth's students!

## DOS AND DONT'S OF PACKING FOR UNI !

### Do:

- Mattress Topper
- Bring vitamins to stay in good health!
- Sleeping mask
- Paracetamol for freshers flu- it is impossible to find medicine during Freshers' Week so come prepared!
- Hot water bottle- nothing more comforting
- Sliders/shoes for bathroom- trust me
- Lamps/fairy light – battery operated though (plug in ones aren't allowed in accom)
- Dish rack
- Ice cube tray
- Door stop
- Photos/décor! (Make sure to bring drawing pins because they will be sold out!)
- Fancy dress costumes that you have - you will most definitely use them!
- Extension cords

### Dont's:

- 'do not bring a bread bin' – dan mercer
- Textbooks- check with our librarian to see whether we can get them in and you can loan them!
- Gowns- Cuth's isn't a gowned college, so don't buy one prior to arriving, you won't use it!
- Crazy kitchen equipment that you know deep down you will never use- a melon baller and an apple slicer are some real examples
- Candles- you won't be able to light them in first year- bring diffusers instead!
- A printer- there are printers in Cuth's library! Printing isn't expensive (5p per black and white paper- plus mostly everything is online)

# PRE-FRESHER ADVICE...

## TOP PRE FRESHER TIPS

...from previous years

*Remember that not all advice will be the right advice for you! Make sure you are looking after yourself and ensuring that you have the support you need! Cuth's is here to help and support!*

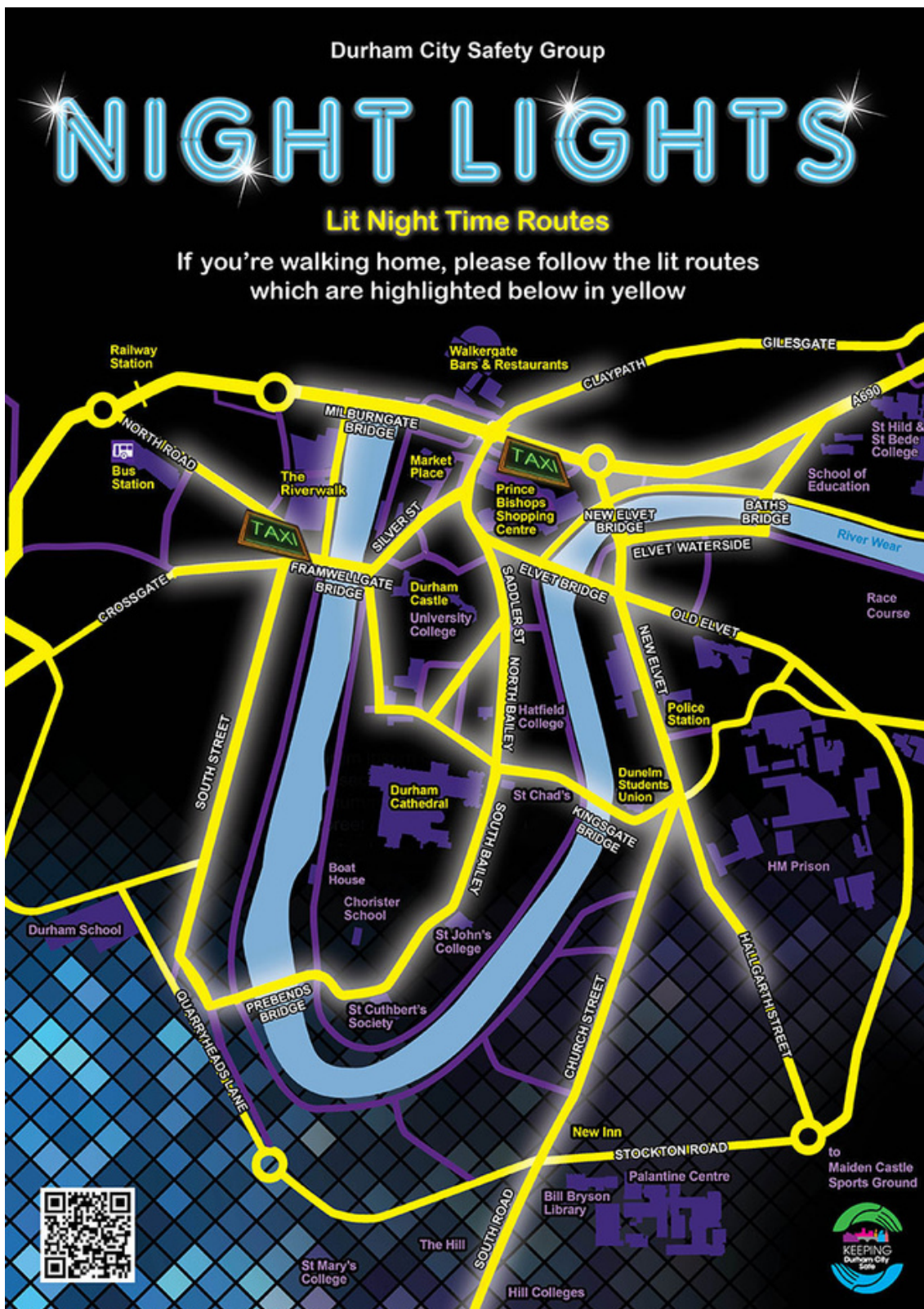
- The group chats you're in aren't representative of everyone at uni. If you feel you haven't found people via the chats, do not fret! There will be people for you!
- A lot of people find their closest friends in their second and third year, so don't worry if you feel like you haven't found your people instantly in Freshers' Week!
- Get as involved as you can in your first year. This is the year where you have the most free time, and you only need to pass to get on to the next year of your course- try as much as you can and find your thing, and take that into the next year. You'll have so many good experiences and meet so many people.
- Do the prep for your seminars/tutorials, it'll make them so much more useful! You get out what you put in your academic sessions. That being said, don't let it consume you - have a good balance between social life and work, or you'll burn out!
- Don't be afraid to get involved in the JCR and run for a position you feel passionately about! Become the social sec for a society you love, or become a representative for a ground you enjoy or are passionate about. We want your voice to be heard.
- If you don't want to get involved in the JCR, the SU has such a range of societies and opportunities so make sure you're exploring and engaging in the wider university if there's something that interests you.



# FRESHERS WEEK

STAYING SAFE!

During Freshers' Week, there'll be freps around the clubs if you need help getting back to your accommodation. However, you might decide you don't need the help, or post-Freshers' Week you might be a bit worried about how to get home. Below is a map of all the lit paths in the Durham centre, so that you can get home safe, wherever you may be.



# FRESHERS WEEK

## THINGS TO DO IN DURHAM, AND OUR DESTRESS METHODS

### I asked members of the JCR their top things to do in Durham to compile a list for you!

1. Go to Cuth's Bailey bar before a night out!
2. Explore the coffee shops of Durham
3. Try our infamous toads and frogs! (purple toad is recommended)
4. Osbornes or Unhinged at Fabs are a MUST.
5. Take a day out to Newcastle, the beach, Rainton Meadows! Find places for a picnic!
6. The full Durham college bar crawl! (16 bars!)
7. Row boats on the river!
8. You have to try Jimmy Allens at least once!
9. Retail therapy at Dragonville and the Arnison Centre. You can get to both on the 64 bus (in both directions) for £1 a day with your student card.
10. Visit the beautiful Botanical Gardens and Observatory Hill
11. Brunch at Treats
12. Charity Shopping on North Road!
13. The Lumiere Festival (Which is on this year)
14. Go to the Racecourse for a picnic or drinks!



### And here's some advice for destressing that they gave too!

1. Get out of the house for a walk or a run! (Durham has amazing walking trails)
2. Give yourself a break- whether that be hanging out with friends, watching TV or doing a bit of journaling
3. Use Brooks cafe as a study space as its comfortable and you can chat to friends as well!
4. Using our Welfare resources- you can arrange drop-ins with our wonderful welfare team or chatting to our lovely Assistant Principal, Lydia!
5. Crocheting! Cuth's has just re-established our Crochet society so go along and enjoy!
6. Get out of Durham for the day, it can be very overwhelming to stay in one place so explore the beautiful North-East!
7. Get involved with sports and societies!
8. Have a fun night out with friends!
9. Cooking with flatmates and having dinner together always helps!
10. Invite friends over for tea/coffee and a chat!
11. Most importantly, prioritise yourself and your mental health and make sure to ask for help if you are struggling!







Meet

the

Officers



# What is the JCR?

The Junior Common Room (JCR) offers the perfect way to shape your University experience into the way you want it. When you become a member of the JCR, you can challenge the way we do things, making suggestions and bringing ideas forward. The JCR is the name given to our student body, both Undergraduate and Postgraduate, which is led by the student Executive Committee and the sabbatical President.



vice-pres mk

It is by students for students!



librarian alex



We also have many facilities for our JCR members such as 2 gyms in Parsons Field and a student run Library (the only one in the University and you can volunteer at it!)



sports & socs ben

There are over 40 Sports and Societies in Cuth's that you can get involved with, no matter what previous experience you have.

Our JCR Welfare Officers provide a free, confidential listening and signposting service for any member of the JCR who is struggling with anything at all.

They work together with the College Student Support staff to provide support. We also have a Welfare Campaigns Team who raise awareness of various welfare issues throughout the year.

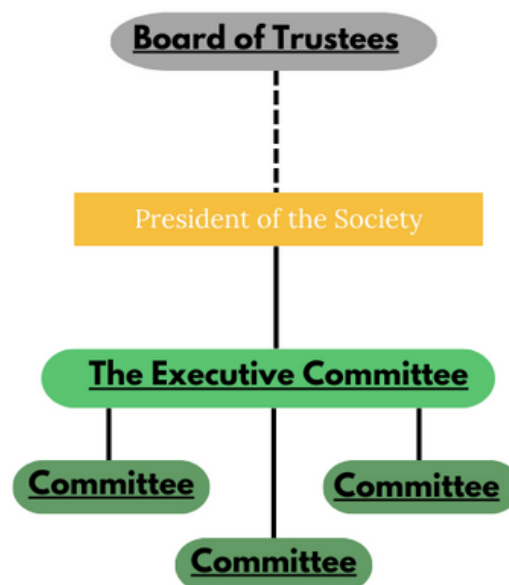
senior welfare



dan

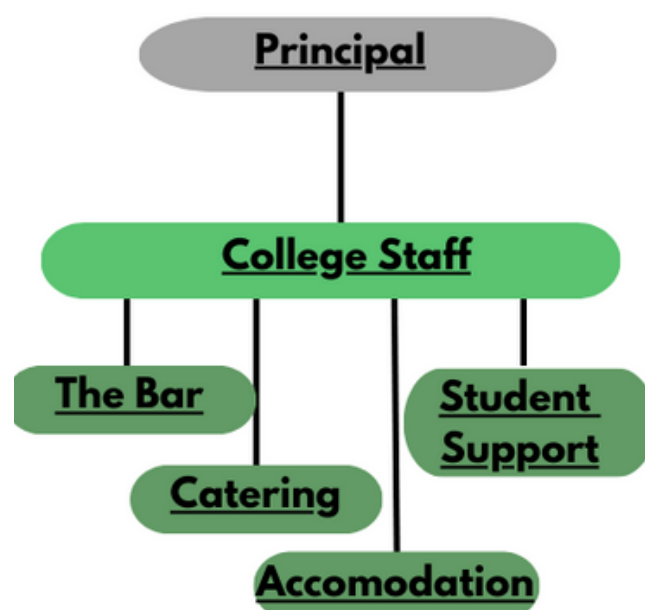
**The JCR welcomes everyone and is the perfect place to find a community & make friends across year groups!**

# SIMPLIFIED CHART OF THE JCR



**The JCR is an independent charity, separate from College!**

# SIMPLIFIED CHART OF COLLEGE



# MEET THE OFFICERS

## THE EXEC

The Executive Committee is made up of our exec, who are responsible for the day to day running of the JCR.

The President of the  
Society

[president@cuths.com](mailto:president@cuths.com)

**Ben Thomas**  
He/Him



Ben is the President of the Society and you met him at the beginning of the handbook!

[vice-president@cuths.com](mailto:vice-president@cuths.com)

The Vice-President

**MK Aaroey**  
They/Them

This is me, MK! I was also introduced at the beginning so no need to reintroduce myself

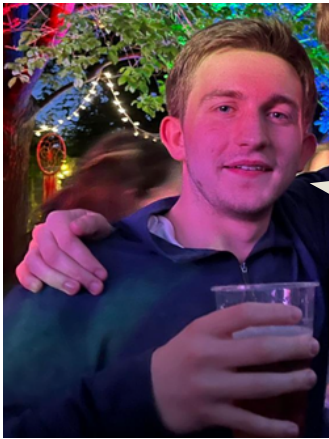


# MEET THE OFFICERS

Treasurer

THE EXEC

**Sam Bache**  
**He/Him**



**fco@cuths.com**

Hi, I'm Sam and I am your Treasurer this year! My job is to maintain the financial compliance of the charity and be the student face of the JCR's finances. I will oversee reclaims and do the invoices for our various Cuth's events! So, I'm basically responsible for the day-to-day finances of the JCR. I am also the chair of the Finance Committee, the members of which aid me in managing the JCR's finances and making financial decisions. Being a FiComm member is a great way of gaining some in-depth knowledge of the operations of the JCR, so if this sounds interesting to you keep an eye out for applications opening at the start of the academic year! Please feel free to reach out with any questions or concerns that may come up throughout the year!

Senior Welfare Officer

**senior-welfare@cuths.com**

**Dan Mercer**  
**He/Him**

G'day everyone my name is Dan Mercer, I'm a Finalist Maths and Philosophy student as well as your Senior Welfare Officer for this year! So far at my time here in Cuth's I've been heavily involved within welfare. Being the Working Class Students Rep as well as Chair of Communities Committee in first year and Male Welfare Officer within my second year. Moving into my role as Senior Welfare Officer this year my main aims are to create a Welfare team which isn't scared to be 'proactive rather than reactive' (a phrase which you'll hear me say a million times). As well as make sure that welfare can be run as efficiently as possible to make sure that welfare operates for all members of the student body. The role of Senior Welfare Officer is a managerial role, and thus chairs Welfare and Welfare Campaigns Committee (which if you're interested in, please do get in touch). As with all of the welfare officers I'll be holding weekly non advisory non judgmental listening services within my drop-ins to be there for any member of Cuth's that needs me, and hopefully you feel comfortable enough to drop by for a chat (if thats what you want). So hopefully my perspective allows me to understand and deliver what 'welfare needs as well as what you as the students need from welfare'!





# MEET THE OFFICERS

## THE EXEC

Communities Committee  
Chair

[communities-chair@cuths.com](mailto:communities-chair@cuths.com)

**Steph Lau**  
She/Her



My role mainly involves holding Communities Committee meetings with marginalised group reps and making sure that the concerns that you bring up to them are eloquently expressed and genuinely considered. My goal is to ensure that the right people are being consulted and asked about anything JCR/college related that affect the group that they represent. I'm extremely passionate about welfare and aim to better the welfare of members of marginalised groups and the reps by making sure that they are a priority when anything is being planned or changed. Uni, especially as a fresher, is a hard enough adjustment, and being part of a marginalised group is hard enough. I am to make it just a little easier for you and to be another friendly face you can bring up any issues or problems with :)

[development@cuths.com](mailto:development@cuths.com)

Development Officer

**Keely Brown**  
She/Her

The role of Development Officer covers a variety of things, but one especially exciting task is organising college families. Continuing a long tradition here at Cuth's, as a fresher you can sign up to join a college family, and are allocated parents (students in the year above who study your subject) as well as other siblings. It's a great way to make new friends, reach out for support and advice on university life and so much more. I also will be organising events and resources to help you with all things careers and personal development, and working with our alumni network to spotlight tips and experiences of Cuth's graduates from our early beginnings to the class of 2023.



# MEET THE OFFICERS

## THE EXEC

Publicity Officer

[publicity@cuths.com](mailto:publicity@cuths.com)

**Colette Zander**  
**She/Her**



Hi, I'm Colette and I am the publicity officer! This means that I'm in charge of upholding the website, creating instagram posts to help keep you updated on what's happening in cuth's, organising everything related to stash, so basically I am involved in everything! I'll be keeping you in the loop throughout the year on events, stash drops and deliveries, and what is going on each week in the JCR. During Freshers' Week, I'll be letting you know the when and where and what of events.

[su-rep@cuths.com](mailto:su-rep@cuths.com)

SU Rep

**Luke Birch**  
**He/Him**

I am the SU rep so it is my job to tell you about what the SU is doing and to represent Cuth's to the SU. I also represent livers out as part of this role and will be helping to give housing talks in Michaelmas Term (first term) to help you understand what it is like to live out in second year and your different options for housing. I also represent the JCR at SU Assembly - basically big meetings where issues that affect students at Durham are discussed and you can be involved in these discussions by becoming an SU committee member.





# MEET THE OFFICERS

## THE EXEC

PGM President

[pg-rep@cuths.com](mailto:pg-rep@cuths.com)

**Sarah McAllister**  
She/Her

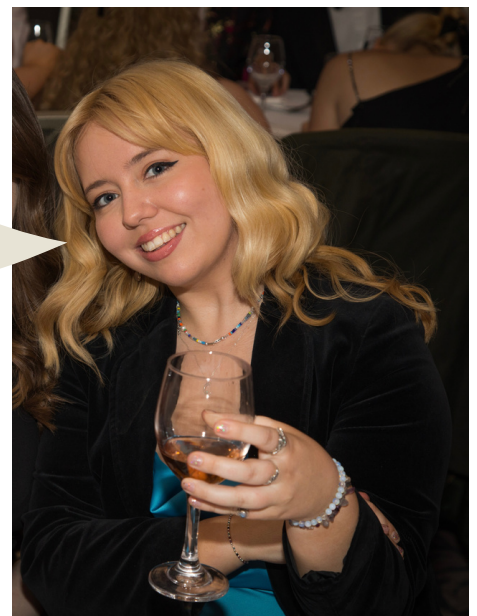


Hi, I'm Sarah, your Postgraduate and Mature Students' chair for the upcoming year. This means I represent Postgraduate and Mature students within the JCR, college and the wider university. My role involves coordinating events for the Postgraduate and Mature (PGM) Students community at Cuth's as well as representing these students to the JCR, college and the wider university. We host a range of events throughout the year from academic talks to our Murder Mystery formal. Unlike some of the colleges at Durham, Cuth's doesn't have a MCR and instead have an integrated JCR. Essentially all this means is that Postgraduate and Mature Students are welcome to get involved in any of the societies or events that the JCR runs, and we also have a PGM Committee which organises events specially aimed at Postgraduate and Mature Students. If you want to get involved, we will be opening applications for the committee soon after Freshers' Week. I have also been in Durham for my undergrad, MA and now my PhD so I do know quite a lot about Cuth's and Durham at this point, so if you see me about and have any questions, I'm always happy to answer or find someone who can.

[events@cuths.com](mailto:events@cuths.com)

Social Chair

**Izzy Moorman**  
She/Her



Hi I'm Izzy, a 3rd year History student and this years Social Chair. The Social Chair, with the help of my committee, is responsible for organising all the events throughout the year at Cuth's, and I'm so excited to help everyone have a really fun year. I play a big role in organising Freshers' Week by booking club nights, thinking of bar themes, and making sure the week has something fun for everyone. The rest of the year I am planning smaller events such as St Paddy's Day as well as bigger events such as The Feast of St Cuthbert and Cuth's Summer Ball. My aim this year is to make sure that everybody feels included and that our events are better than ever!!

# MEET THE OFFICERS

## THE EXEC

JCR Chair

**Abi Fisher**  
**She/Her**



**librarian@cuths.com**

Hi I'm Alex, a third year History student and your librarian ! Cuth's Library is entirely student-run, and I act as the overseer of sorts for the library and its volunteers. Most of my work is behind-the-scenes management type stuff, but I make sure the library is open for students, that volunteers are doing their jobs and (importantly) keeping the biscuit stock replenished.

**chair@cuths.com**

You'll find me running JCR Meetings (at least 3 a term in either Brooks or Bailey Bar) where we discuss motions to create new societies, allocate budgets and make governance changes to the day-to-day running of the JCR. These meetings are a great place to meet other Cuth's students, and get involved in the running of the JCR. I also do various bits of admin, help our SRO to run elections and chair Governance Committee (which you can get involved in at meeting 1.1!)

Librarian

**Alex Stokoe**  
**He/Him**



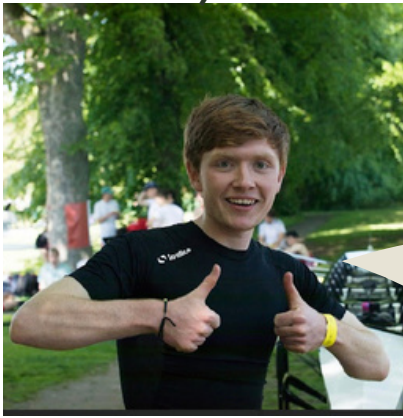
# MEET THE OFFICERS

## THE EXEC

Sports and Societies  
Chair

[sports-and-socs@cuths.com](mailto:sports-and-socs@cuths.com)

**Ben Walton**  
He/Him



Hi, I'm Ben, a third year Law student and your new Sports and Societies chair! My job is to facilitate student enrichment in the JCR, whether that is through helping approve new sports and societies, organising our sports leagues or helping to organise staple societal events throughout the year! The role crucially works closely with both other members of exec in helping publicise the wonderful achievements of our students as well as ensuring a strong welfare network to support while you represent our JCR! Most of my role is to help and support the 40 plus Sports and Societies that we pride ourselves in having at Cuth's, from Adele society to the Cheerleading club. I enter our teams into their leagues, help organise fixtures as well as organising our varsity against Hild Bede. I also help support Cuth's charitable aims through our Sports and Socs at Cuth's by organising the naked calendar for charity. There are loads of Sports and Societies to join (I would definitely recommend getting involved in as many as you want) which you can sign up to at our freshers fair or find on the sports and socs poster and if you want to start a new one, let me know and I can help you out. You can also get involved with our Sports and Socs reporters and Team Cuth's manager, that all help me run our Sports and Socs social media page. Look out for them at JCR meetings if you are interested. So yeah, I'm involved in Sports and Socs.

THIS COULD BE YOU!

Outreach Chair

The Outreach Chair organises volunteering and fundraising opportunities for members within the wider community, aid in relevant fundraising efforts by JCR members and you Chair the Outreach Committee!!

Facilities Manager

The Facilities Manager maintains all JCR-operated facilities, ensuring that they are safely used by and easily accessible to all JCR members. They also manage the facilities-related work of the Tech Chair and Music Rep and provide basic coverage of their roles should they be unfilled and Organise Facilities Committee and propose improvements and spending to the committee.

If you're interested in running for either of these positions then email Abbie at [sro@cuths.com](mailto:sro@cuths.com)! You'll need to submit a manifesto and a poster and prepare a hust for the next JCR meeting



# MEET THE OFFICERS

St Cuthbert's JCR provides a non-judgemental, confidential listening and signposting service. The JCR Welfare Officers are students elected by the members of the JCR and here to provide peer support for you. Have a look at the welfare handbook for detailed guide on support offered and resources!

## WELFARE

**We are looking for a Welfare Campaigns Manager!!**

**Welfare is run by Dan!!**



## **Louise Newberry She/Her - Female Welfare Officer**

Hi everyone! I'm Louise, a second year English student and your Female Welfare Officer this year. When joining Durham the term 'Welfare' can seem pretty formal and daunting. However, we offer a safe, comfortable, and open space to talk about anything in drop-in sessions. No thought is ever silly; we've probably thought it ourselves! During Freshers' Week we will be around to offer you any support you need during this crazy transition, I myself know how chaotic this week is. Being involved with Welfare since first year, I hope you too can find a place in this tiny corner of Cuth's. I can't wait to meet you all and hopefully I can be a friendly face around college!

**welfare-female@cuths.com**

## **Will Gande He/Him - Male Welfare Officer**

Hi all, my name is Will and I'm the Male Welfare Officer for the 23/24 year. I'm really excited to be working alongside the three other brilliant welfare officers to make sure your first year is as enjoyable as it can be by running events, holding drop-ins and raising awareness of some key issues. During Freshers' Week, I'll be around (along with the other welfare officers) to ensure that you have the support available if you're feeling a bit run-down, want a chat or have any other issues. Throughout the year I'll be running weekly drop-ins so feel free to come in and have a chat! This year will be brilliant and I'm looking forward to meeting you all soon.

**welfare-male@cuths.com**

## **Ella Coates She/Her - Welfare Officer**

Hi, my name is Ella and I am the Welfare Officer in Cuth's this year! I am a second year MLAC student, studying French and Arabic. As part of the welfare team, I will be holding drop-ins throughout the year that anyone can turn up to with any problem, or just for a chat. Our team is here to make sure that everyone feels supported in college. We have a fantastic sexual health supplies system where you can order whatever you need for free, and we provide period products in bathrooms. By campaigning and running consent workshops, we ensure that we are making positive change in Cuth's. I really want to make Cuth's the best it can be and that definitely starts by making sure all of our members are happy, which is what we're here to do!

**welfare-officer@cuths.com**



# MEET THE OFFICERS

Communities Committee consists of representatives of various marginalised groups working together to create diverse and accessible events for students. The reps help to advocate for students and their wellbeing within Cuth's and the JCR through campaigns and events.

## MARGINALISED GROUP REPS

**Communities Committee is chaired by Steph**



**Lukie Jew She/They - LGBTQ+ Rep [lgbt-rep@cuths.com](mailto:lgbt-rep@cuths.com)**

Hey, I'm Lukie the LGBTQ+ Rep and President of the LGBTQ+ Society and a 3rd year Physics Student. I run events and socials for queer students and allies and work with other student representatives to hold intersectional and accessible events. I get to run our social media, and hold drop-ins. How you can get involved - Message the Cuth's LGBTQ+ Instagram/Facebook, or email me with any questions or queries. Also Assistant LGBTQ+ Rep and Trans/non-binary rep will be run soon so you can get involved !

**wcs-rep@cuths.com James Bamford He/Him- WCS Rep**

Hi! I'm James, a second year History student here at Cuth's and I represent Working Class Students across several committees as well as being a point of contact for all students whether you need financial help or just a chat! I am here to make information from the Durham Grant scheme, to housing, budgeting, the Bailey Wardrobe, and formals readily available, as well as providing a safe space where concerns can be confidently expressed and heard.



**Ru Sanena She/Her - POC Rep [poc-rep@cuths.com](mailto:poc-rep@cuths.com)**

Hi I'm Ru - I'm your POC rep this year!! I work with the JCR and college to help make Cuth's a more welcoming space for students of colour which does include students from religious minorities. My main priority is making sure that you feel welcome and heard and can settle in and make Cuth's your home. I can help with a range of things like supporting you through reporting issues or wanting to make changes within the JCR which I could look into with you and support. I also host drop-ins where you can come by and chat, externally process or just say hi! I will also be running the anti-racism workshop during Freshers' Week and maybe some other events throughout the year so you'll be seeing a lot of me around college. I want to reassure you that I am 100% here for you and to make sure your transition into Cuth's is as smooth as it can be for you and that you grow to love it as much as I do. I also always want to hear your thoughts, comments, concerns and ideas so feel free to shoot me a message or email whenever



# MEET THE OFFICERS

## MARGINALISED GROUP REPS



**Matilda Bates She/Her - SWD Rep**

**swd-rep@cuths.com**

I represent all JCR members with disabilities - if you're ever having a problem related to a disability you can come and talk to me and we can work out what to do either by sending me a dm, an email or coming to my drop-ins. I'll be hosting an event during freshers and (hopefully) some socials over the year. The assistant representative role will also be running in the second JCR meeting of the year and is a great way to get involved. I can't wait to meet you all!

**international@cuths.com**

**Harry Tang - International Rep**

Hi I'm Harry, a second-year Business and Management student from Hong Kong and your International Rep. As your Int rep, I work with the college and JCR to make sure the voices of international students can be heard and they can enjoy the same uni experience as others. I chair the International Committee along with other committee members to host events for international students in Cuth's throughout the year, starting from international Freshers' Week so do look out for updates at our Instagram page @cuthsinternational. If you want to get involved in helping other Cuth's international just like me, look out for recruitment of the Int Comm after Freshers' Week, or even run in the JCR and be the assistant Int Rep. Our JCR needs an improvement of diversity and inclusivity more than ever! I also do drop-ins so that international students can come to me for advice or just a chat. I can't wait to meet you all!



**If you have any concerns prior to Freshers' Week, please do not hesitate to email any one of our reps, and they'll be more than happy to address them:)**

**The assistant roles for each of the marginalised group reps will be run in a JCR meeting!  
Come along and run!**



# MEET THE OFFICERS

## GENERAL



### **Abbie Brindle She/Her - SRO**

SRO is just a bit of a posh name for the person who runs the elections! Cuth's JCR has a wide range of different roles and ways for you to get involved. From Environment Representative, to working with Charities as Outreach Chair, to planning one of our Cuth's events (like Summer Ball manager!), the JCR has something for everyone. My job is to help you run for these positions, and make sure running is as easy and accessible as possible for everyone! If you're interested in getting involved, feel free to email me! I sit on GovComm, who meet to make sure everything is working smoothly in terms of elections and JCR meetings. :)

[sro@cuths.com](mailto:sro@cuths.com)

### **Alfie Payton He/Him - Fashion Show President**

Hi I'm Alfie, a 3rd year Law student and this years Charity Fashion Show president. The show is a huge annual fundraiser for a local charity, and fully put together by the students! Over the year I will organise fundraisers, marketing events, photoshoots and a huge show in Epiphany term to raise as much as possible. Throughout, the charities message and values will be at the forefront and a reminder of why we're working so hard. The show is produced by an exec and group of models, but is nothing to do with looks! Fashion show is about energy, confidence and a desire to help charity!



[scsfs-president@cuths.com](mailto:scsfs-president@cuths.com)



### **Matilda Scott - Year Abroad and Placement Rep**

Hi! I'm Matty, and I'm the year abroad and placement rep this year! I study combined honours in social sciences (and don't study a language) and this year I'm studying in Toulouse, France. Since I won't be in Durham, any drop-ins I do will be online - but I am absolutely available for anyone to chat to about anything year out related - whether you're thinking of one, are on one, or have come back from one! I'll also be in working with the year abroad committee to organise socials and such for returners.

[yearabroadandplacement@cuths.com](mailto:yearabroadandplacement@cuths.com)

# MEET THE OFFICERS

## TRUSTEES



**Cameron Frazer - Student Trustee**  
*Vice-Chair of the Board of Trustees*

If you want to learn more about how the JCR functions as a charity or what it is like being a Student Trustee then feel free to get in touch with me via email at [cameron.frazer@cuths.com](mailto:cameron.frazer@cuths.com)!

[cameron.frazer@cuths.com](mailto:cameron.frazer@cuths.com)

**Jack Simmonds He/Him - Student Trustee**  
*Chair of Nominations*

I'm one of your student trustees, so my role looks at how vision and direction of the JCR, how we can stay charity compliant and long-term plans that benefits Cuth's students now and in the future. We're always looking for new ideas and input into how we can best benefit students so please feel free to get in touch with any ideas/feedback you have about the direction of the JCR!



[jack.simmonds@cuths.com](mailto:jack.simmonds@cuths.com)

**Fun Fact: The board of trustees is made up of External and Internal Trustees, including the President and Treasurer, and currently all of our external trustees are Cuth's Alumni!**





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# CUTH'S CALENDAR

MICHAELMAS

## SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

September is an easy month with only Freshers' Week in it and the Sports and Socs Fair on the 30th!

## OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
14	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Term begins on the 2nd of October!

## NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

Michaelmas ball is usually on a Tuesday in November and last year cost around £60 for a dinner ticket and £30 for an ents ticket.  
12 Days of Outreach will begin on the 27th of November and run for the last 12 days of term

## DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Term ends on the 8th of December!



# CUTH'S CALENDAR

EPIPHANY

## JANUARY

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

Term begins on the 8th of  
January!

And Refreshers will happen in the  
first few weeks of term

## FEBRUARY

S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29		

Feast of St Cuthbert is usually on  
a Saturday near the end of  
February and last year the cost of  
a dinner ticket was £47 and the  
cost of an ents ticket was £29

## MARCH

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Term ends on the 15th of March!

# CUTH'S CALENDAR

EASTER

## APRIL

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

Term begins on the 22nd of April!

## MAY

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

April and May can be stressful times with exams and summatives but we do have Eurovision watch party on the 7th of May in the Bailey Bar

## JUNE

S	M	T	W	T	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

Around the first week of June we have Summer ball and last year cost £60 for a ticket. Then we have Cuth's Week, with lots of different events ending with Cuth's Day costing £23 for a standard ticket and £26 for a late stay last year.

Term ends on the 21st of June.

*All prices are for JCR members, non JCR tickets will cost considerably more!*

# ACCOMMODATION



Cuth's is unique in that it has two different sites! Both located less than a 10 minute walk from town, the Bill Bryson library and New Elvet!

## BAILEY SITE!

Bailey- All shared bathroom, all fully catered, a mix of shared and single rooms.

Parson's Field- All single rooms, en-suite accommodation (Brooks House), part-catered options available.

Our Bailey site is the oldest of the two! Whilst Cuth's has only been there since the 1950's, the site itself has been there much longer. Here, there are four main buildings, which in total house around 150 students. We have House 26/27, which has recently been refurbished, House 8, which is where you'll find the library and the flat of our president, Ben. There's also House 12, where you'll find the Bailey bar, the dining room, the Bailey JCR and college staff offices, and House 13! Each house has a mix of shared and single rooms, shared bathrooms, and is fully catered!

Parson's Field is our larger site, housing around 360 students! This site is only a short walk from the facilities on the Bailey, and an even shorter walk to Maiden Castle, the university's main sports centre. All the rooms on this site are single rooms. Here, there are four main buildings. Brooks house is the largest, and our only en-suite accommodation! We also have Fonteyn and Parson's Field Court (PFC) share a lovely courtyard, and Refounders House, which was named after those who re-founded Cuth's after World War II! If you stay at Parson's field, there is also the option to be part-catered. This allows for you to have 10 meals a week over at our dining hall on the Bailey.

## PARSON'S FIELD!





# ACCOMODATION

## LAUNDRY!

Both sites have a laundry room! You'll find one on the Bailey site in House 12, and in PFC on Parson's field. Before your first wash you need to download the Circuit Laundry Plus app and create an account. The app will walk you through making an account. When it comes to using the machines, you select the location and machine number before paying with PayPal or Debit/Credit Card. Each wash is £4.00, but the dryer is completely free!

## COLLECTING POST!

Each site also has a reception. You'll find Parson's field's reception in Brooks House, and the Bailey reception in House 12. Here, you can collect your post from either the receptionist, or from your pigeon hole. Use the addresses below when ordering to accommodation!

**Bailey Address: 12 South Bailey, Durham DH1 3EE**

**Parson's Address: Brooks House, Old Elvet, Durham, DH1 3JP**

## RSA AND HOUSE KEEPING STAFF!

Each site has an RSA (Formerly Porters) who will be available to help you with any maintenance issues you may have, or if you've locked yourself out of your flat! (Don't worry, it happens to everyone at least once). The number to call will be posted around accommodation, so we recommend saving it into your phone in case you need it! Housekeeping staff help keep your accommodation clean and liveable by cleaning the kitchen and bathroom. However, it is your responsibility to keep your flat to a reasonable standard and housekeeping staff are not expected to clean up after you!



# FACILITIES

Cuth's Library is the perfect place to study. It's located in House 8 on the Bailey, and so is significantly closer to accommodation than the Billy B. It's smaller, but much cosier, and has the perfect atmosphere for studying. It's currently open from 9am to 9pm, but later in the year it is open until 11pm!



## BORROWING

To borrow a book from Cuth's, check its availability under the library section of DUO, and it'll tell you if we have it! You can borrow books for three weeks, but you can renew it online if you need it for longer. Please note that failure to return a book will result in a fine, which can be paid online.

## BOOK ORDERS

At the start of every term, Cuth's does a book order. If you need a textbook, you can ask the library if they can buy it, and then you can loan it out. We really recommend getting in touch with our librarian if there's a textbook you need, because if we can get it, it'll save you from spending money buying your own! And there's a good chance you're not the only one who needs it!

Cuth's library is completely run by volunteers and is the only student-run library in Durham! The shifts consist of 3 hours behind the main desk with the occasional book to loan out meaning you can get your work done with a guaranteed study spot! Apply online at [cuths.com](http://cuths.com) through a one page form early in term one and two, and after a few terms of volunteering, you can become eligible to be paid!



If you have any questions, email me at [librarian@cuths.com](mailto:librarian@cuths.com) !





# FACILITIES

## NEW BROOKS FACILITIES!

Last year we got new Brooks facilities. Not only do we have a brand new weights gym, but a new JCR with a lounge area. We also have a cardio gym in Refounders! On top of that, there's a pool table, table football and a ping pong table. These facilities are available to any Cuth's student, but it's pretty cool to have it right by your door step if you're in Parsons accommodation! There's lots of space in the new Tom Percival Annexe which also has a Baby Grand Steinway Piano!



## MUSIC AT CUTHS!

At Cuth's, music is a big part of the experience and there is a large music community within our college - we have many amazing musicians and performers, and hold lots of music events to showcase all of this talent! There are loads of ways to get involved with music at Cuth's. We have a range of Musical Societies, we hold "Cuth's Live" and other music events in the Bars, we have an active Music Committee, and at all Cuth's big events we have at least one act from our college playing. Get in touch for more info or message the Cuth's Music Facebook page for more info.



We have a music room in Fonteyn Court at Parson's Field which is soundproofed and equipped with a drum kit, guitar, piano, microphone, amps, music stands, and various percussion instruments. It is looked after by our Music Committee and can be booked out using a form on [cuths.com](http://cuths.com).





# LIFE AT CUTHS

## FACILITIES!

### CUTH'S BAR!

OLIVIA BURNS

YASEMIN GÜN



cuthberts.barsteward@durham.ac.uk

Hey, we are Yasemin and Olivia, we are your bar stewards this year! Our job is primarily managing the bar and its staff so that you can always enjoy your time in the bar. The bar is a safe and fun space for everyone and we can't wait to introduce some new ideas we have to both the Brooks and Bailey bar over the forthcoming year. If you have any ideas about the bar please let us know, we are all ears and open to suggestions on how to make your Cuth's experience the best it can be. We are always up for a chat so please come and say hi, we are looking forward to meeting you all and we hope you have the best Freshers' Week in our wonderful bar!!

Not only is Cuth's unique in that it has two sites, but we also have TWO bars! The drinks are cheap (£2.35 for a pint of lager!) and the vibes are all round, very good. Both bars host music nights, karaoke nights, and pub quizzes! An evening at Cuth's Bar is an evening well spent. Make sure you ask the bar for a Frog, Toad or a Tadpole and try one of our college drinks!

### BAILEY BAR!

Our Bailey Bar is located at the end of South Bailey in House 12. It's always lively and buzzing with people, and you'll always bump into a familiar face. The bar is not only loved by Cuth's' students, but Durham students, and is never missed off the list on a college bar crawl. The Bailey bar hosts events like Eurovision and Oktoberfest, but also has big sports games on the big screen!

### BROOKS BAR!

Brooks Bar is a bit more chill, the perfect place to be when you want a couple of drinks with your friends. There's darts and comfy chairs, but also a pool table. On top of this, it's right next door to our newly renovated JCR.



# LIFE AT CUTHS

## SPORTS!

Cuth's has a wide range of sports teams, and they are all open to anyone of any ability! Even if you've never played the sport before, you are more than welcome. First year is the perfect time to try out a new sport and see what you enjoy. The Freshers fair during your Freshers' Week is a perfect opportunity for you to see what sports Cuth's has to offer and ask any questions you may have! Alternatively, feel free to email any of the captains or Ben!



### **Badminton**

Rosemary Parkin-  
frkd72@durham.ac.uk

### **Basketball**

Campbell Adenikinju-  
bqvq38@durham.ac.uk

### **Boat Club**

Hannah Schmalstich-  
tdxl12@durham.ac.uk

### **Climbing**

### **Cricket**

### **Darts**

Harvey Westwood-  
ncmq25@durham.ac.uk

### **Football (Mens)**

Dan Shaw-  
wqhj25@durham.ac.uk

### **Football (Women's)**

Helen Dooner-  
vnrl45@durham.ac.uk

### **Futsal**

David Strutt-  
jdkx95@durham.ac.uk

### **Golf**

### **Hockey**

Montague Heseltine-  
ccqm83@durham.ac.uk

### **Mixed Lacrosse**

Willa Rowan Hamilton-  
hgjh27@durham.ac.uk  
Freddie Barber-  
zwjv25@durham.ac.uk

### **Netball**

Isabelle Wilson-  
wmhb76@durham.ac.uk

### **Pool**

Sam Webb-  
qtts84@durham.ac.uk

### **Rounders**

Dec Thorpe-  
declan.thorpe@durham.ac.uk  
Abi Fisher-  
hmdw74@durham.ac.uk

### **Rugby (Men's)**

Elliot Long-  
dzjl75@durham.ac.uk

### **Rugby (Women's)**

Isobel Levin-  
rqfj52@durham.ac.uk

### **Running**

Flora Mitchel-  
dfzd42@durham.ac.uk

### **Squash**

Theo Vasey-  
kfmf25@durham.ac.uk

### **Tennis**

Geoff Warburton-  
wkfr34@durham.ac.uk

### **Ultimate Frisbee**

Lucia Dunn-Flores-  
vjvb97@durham.ac.uk

### **Volleyball**

Amelia Lumley-  
bvrv55@durham.ac.uk

### **Wildcats**

Olivia Waddingham-  
mxpn93@durham.ac.uk  
Amy Burns-  
fks41@durham.ac.uk



# LIFE AT CUTH'S



## SOCIETIES!

On top of our wide-range of sports teams, we have a range of different societies! Each society organises their own meetings, and most organise their own social events! Whether you fancy making your own ale with CRACAS, or want get your hands muddy with gardening society, there's certainly a society for you!

### **12 South Theatre**

Hannah Sheppard-  
jbkp96@durham.ac.uk  
Indie Spafford-  
cxnw75@durham.ac.uk

### **Art**

Sarah McAllister-  
kqbf34@durham.ac.uk

### **Bananagram**

### **Big Band**

MK Aaroey-  
zzdf18@durham.ac.uk

### **Choir**

Lucy Allan-  
ssfm44@durham.ac.uk

### **CHC Orchestra**

Sophie Garner-  
pdqx84@durham.ac.uk

### **Christian Union**

Sam Vellacott-  
samuel.vellacott@durham.ac.uk  
Immi Young-  
imogen.young@durham.ac.uk

### **Crochet**

Louise Newberry-  
gmdm35@durham.ac.uk

### **CRACAS (Cuth's Real Ale and Cider Appreciation Society)**

Ben Thomas-  
cracas@cuths.com

### **Feminist Society**

Samantha O'Connor-  
lfbp75@durham.ac.uk

### **Gardening**

Peter Thacker-  
wnzb56@durham.ac.uk

### **LGBTQ+ Society**

Lukie Jew-  
lskc24@durham.ac.uk

### **Music Appreciation Society**

### **Yoga**

Passionate about something that we don't yet have a society for?? Then make it happen! You'll need 15 people who are interested, and then formally bring it to the next JCR meeting as a motion! Don't be afraid to send Ben an email if you're not sure how to do this, he'll be more than happy to help. Otherwise, there's guidance on how to write a motion later in the handbook! In the last few years, we introduced Crochet society, Music Appreciation Society and Bananagram Society!



## MAKING A NEW SOCIETY!

# LIFE AT CUTH'S

## THE JCR!

### COMMITTEES

The way the JCR operates is through a series of committees, each with a focus on a specific area of the JCR. You can usually get involved in a committee through running for a role at a JCR meeting, or through an application process! Keep your eyes peeled at the Fresher's fair and post Freshers' Week to find out how to get involved! Below are our committees- feel free to email if you have any questions or want to get involved! Contact information for each officer will be at the end of the handbook, so you can get in touch!

#### Executive Committee

The Executive Committee is made up of our exec, who are responsible for the day to day running of the JCR. This committee is made up of the President, Treasurer, Vice President, Outreach Chair, Senior Welfare Officer, Facilities Manager, Developments Officer, Publicity Officer, SU Rep, JCR Chair, Social Chair, Postgraduate and Mature Students President, Librarian and the Sports and Socs Chair.

#### Finance Committee

Finance Committee is chaired by our lovely treasurer, Sam! In these meetings, FiComm approve any purchases the JCR makes, including the budgets for all sports and societies. If finance is your thing, look out for applications in first term! There are four more places available and one of them could be yours!

#### Outreach Committee

Outreach Committee's main responsibility is to run volunteering and charity projects that we run here at Cuth's! If you're interested in volunteering and charity work, and want to help support our outreach committee, forms to get involved will be out soon! We have a variety of different roles on the committee, such as publicity officer, events manager and projects manager! Wherever your skills lie, there'll be a role available for you!

#### Facilities Committee

Our facilities manager chairs facilities committee! This committee is responsible for looking after all our JCR owned equipment, for example, our well-loved and enjoyed silent disco! Don't be afraid to get in contact if you fancy getting involved in maintaining our facilities!

#### Governance Committee

Governance Committee (known better as Govcomm) is basically the committee that discusses the inner politics of the JCR. In this meeting, we discuss any submitted motions or election materials and ensure they are in line with the standing orders and Cuth's charitable aims. You can get involved by coming to the first JCR meeting of the year and running for either Stool or JRO! No preparation needed. These positions sit on Govcomm and help the SRO and Chair with managing and overseeing Cuth's governance.

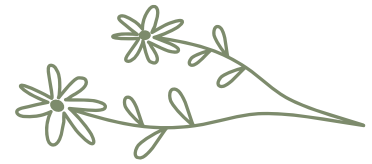




# THE JCR!

# LIFE AT CUTHS

## COMMITTEES



### Communities Committee

All of our marginalised group reps and assistant reps sit on Communities Committee, and put together projects that work to make Cuth's as inclusive as it can be. This is usually through events, or through educating the JCR on issues specifically regarding marginalised groups. Through their campaigns and events, communities comm help create a community for those in marginalised groups and represent the voice of those within them.

### Social Committee

Joining Social Comm in Cuth's is a great way to get involved in the college social life, meet people in all years of college, and to play an active role in shaping your college events. Social Committee helps organise balls, in-college events and way more- playing a crucial part in college life. Social Comm is chaired by Izzy who's more than happy to answer any questions about getting involved :)

### Library Committee

Our Library Committee is responsible for the upkeep of the library, and consists of our Librarian, Alex, our stock managers, and our library volunteers. Have a look at the library section of this handbook for more information on how to become a library volunteer, and for information about applications to become a stock manager! (A paid opportunity!)

### Environment Committee

Passionate about the environment and working towards making Cuth's more sustainable? Then environment committee is the committee for you! It's chaired by the Environment Chair, and works towards spreading awareness of environmental issues and setting up campaigns.

### Student Union Committee

Our student Union committee makes sure that the views of JCR students are represented to the Students' Union. SU Comm is crucial in ensuring the Cuth's students' voices are heard within the wider university. Speak to our SU Rep, Luke, for more information on how to get involved with the committee ! Look out early first term to apply!



# LIFE AT CUTHS

THE JCR!

## COMMITTEES

### Music Committee

Our Music Committee has the responsibility of overseeing all of our music facilities. On top of this, they organise and promote any music events and are in charge of all music societies! This committee is chaired by our Music Rep, so feel free to drop them an email if you're interested in getting involved in MusicComm!

### Welfare Committee

Our welfare team and our marginalised students' reps sit on Welfare Committee and work together to run Cuth's welfare! This involves organising drop-in hours, providing sexual health supplies, alongside other responsibilities. There's much more on Cuth's Welfare in the Welfare Handbook in your Welcome Bag or on the Website.

### Welfare Campaigns Committee

Welfare Campaigns raise awareness for mental and sexual health issues. They do this by organising and promoting events, sharing information online, and more. Welfare Committee sits on it, but the assistant minority reps do too! There are a variety of assistant representative roles that you can run for in first term! So keep your eyes peeled for when the JCR meetings are! There are 20 other places on this committee, so if welfare campaigns is something you'd be interested in, get in touch with Ciaran!

### Year Out Committee

As freshers, this committee probably won't interest you yet! However, it's worth knowing about if you're going on a year abroad or doing a placement year during your studies. This committee is really important in that it ensures Cuth's students can stay in touch with college during their year outs, which has really benefitted a lot of people!







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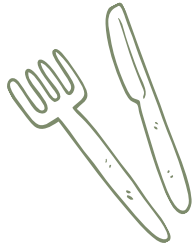


# EVENTS



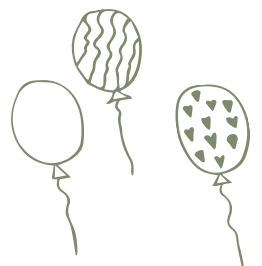
Izzy runs all our events alongside the social committee!

**FORMALS!**



Formals are smart, table-service meals that are held in the dining hall. There are usually formals every other week of term, typically on Wednesdays. They often have a theme (like the Dining in the Dark formal where everyone is blindfolded or the St Patrick's Day Formal), and will usually have our Principal, Tammi Walker. Booking for formals is sent out by an email, which will contain information about the dress code. Most formals are either Black Tie or Lounge Suit, but there are occasional exceptions to this rule, including the Christmas Formal, which is Festive Casual.

Some colleges wear gowns to formals, and while it isn't forbidden, we are not a gowned college, so it is a very rare sight at Cuth's. Your first formal will be after Freshers' Week!





# LIFE AT CUTHS

## TRADITIONS

## NOTING

Miss Izzy Moorman, BA (Hons)

2+1 digs for being the best social chair and sorting out all our events (and making sure there is free ice-cream at at least one of them)

Sincerely,  
Mx MK Aaroey

At formals, you will find little note cards around the tables. People pass around these 'notes' with either a cute message or an inside joke of some sort, but pretty much anything goes! This is a great tradition we have at Cuth's, and there are a few rules.....

1. The quantity is in the unit of "digs" (short for digits) – approximately measured by placing your forefinger level with your drink. Because we are a civilised society, you can only give out digs in quantities of 1 or 2, so if you wish to hand out more than that you must use your Year 1 maths (Obviously, you are under no obligation to actually consume your beverage based on notes if you don't want to).
2. If it's a big event, make sure you put a table number so it can find the person easier!
3. Don't get up to hand out notes whilst catering staff are serving or cleaning up!!!
4. By the end of the formal though, people generally throw the layout out the window and just write each other cute and funny notes!

## I AM SPARTACUS

Another well-loved Cuth's tradition is 'I am Spartacus', which often occurs at formals too. When the high table have left, someone (anyone!) stands up and shouts 'I am spartacus' and chugs the drink they have left (whether this be alcoholic or water!) and then someone else stands up and follows this, and so on and so forth. It's always fun to see how long it can keep going for! I'm sure you'll see it play out at the formal you'll have after Freshers' Week!



# EVENTS

## BALLS!

### MICHEALMAS BALL



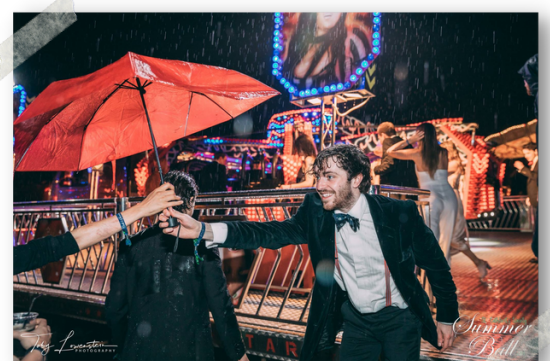
Michaelmas Ball is usually the first big event of the year. This year it will be held at Beamish Hall, which is a short coach ride away from Durham. We organise buses there and back, and once you arrive you are treated to a three course meal, and then entertainment in the form of live music and lavish attractions. The event runs until 2 am.

Tickets will go on sale a few weeks before the events, and usually cost somewhere in the region of £60 for a full entry ticket, and £30 for after dinner entertainment only (however if you're on the Durham grant, you can get a discounted ticket by emailing [fco@cuths.com](mailto:fco@cuths.com). This is also applicable for Summer Ball).



### SUMMER BALL

Summer Ball is the biggest event in the Cuth's calendar. Around 1000 people, including alumni and friends from outside Cuth's, come together for a three-course meal, and then after dinner entertainment. Like Michaelmas Ball, the event runs until 2 am. In recent years the themes have included "A Midsummer Night's Dream", and "Down the Rabbit Hole". It's held at Hardwick Manor, which is a really lovely venue. It is much larger than Beamish Hall which allows us to have more Ents, such as last year where we had four different fair rides. Tickets are about £70, and slightly more expensive for people from outside Cuth's.





# EVENTS

## FEAST OF ST CUTHBERTS

The Feast of St Cuthbert is not quite a ball, but is more lavish than a formal. It's held at the Cuth's Bailey site in Epiphany Term, and we put up a marquee so we have more space. Tickets cost about £47 for a full entry ticket, and £29 for after dinner entertainment only, and we can use the Bailey Bar for drinks, which is far cheaper than drinks at external venues. There is live music and entertainment, and then a silent disco to round things off. You'll learn very quickly we love a good silent disco at Cuth's! Themes have included Pop Art and Disco, in recent years. Feast is such a great event to mark the end of Epiphany Term as it really cements the community feel that Cuth's is so great at establishing.

## CUTH'S DAY

Cuth's Day is a whole day celebration at the end of the year. It's held all through the Bailey site, in the gardens and indoors, and runs from 10 am to 2 am. There are inflatables, games, food stalls, various stands, and constant live music. The bar is also open all day. It ends with a silent disco, but many people like to round off the night by watching the sunrise on Observatory Hill. Tickets are between £23 and £26, and Cuth's Day really is the perfect way to end the year.



## OTHER EVENTS

Since the relaxing of Covid Rules, Social Comm has worked to increase the number of events we hold each year. Some of these events include celebrations at the Bailey Bar. There is also Cuth's does Eurovision which is a very relaxed bar event with a drinking game. We are hoping to increase our events even further this year so keep an eye out for some more exciting events!

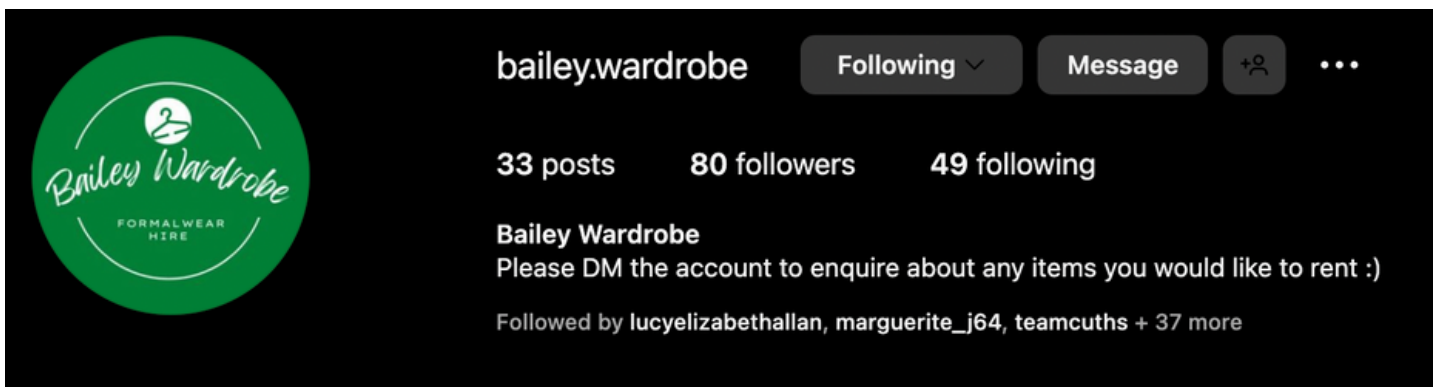


### Durham Grant Discounts

At the beginning of the year, you should receive an email if you receive the Durham Grant. The Durham grant is a scheme that provides students with extra financial support if their household income is under a certain amount. You don't need to apply to this scheme, you will automatically receive an email if you're eligible! The Durham grant also supports you in paying for events, as it allows you a 33% discount on events. Durham has many other schemes available that you can apply for, for example the participation fund which was mentioned earlier,



The Bailey wardrobe is a cross-JCR initiative which aims to provide members of Cuth's, John's and Hatfield with sustainable and affordable clothing options for formals and balls. With the frequency of formal events being so high in Durham, buying clothing for every event is not only extremely expensive but also vastly damaging on the Environment. Any Cuth's member is able to rent from our selection of dresses and suits for any occasion. We also have shirts, bowties and ties available for rental. The collection is currently kept in House 8 study room. If you are interested in utilising the scheme or donating, please contact Molly at [molly.j.levene@durham.ac.uk](mailto:molly.j.levene@durham.ac.uk). There is an Instagram account, [@bailey.wardrobe](https://www.instagram.com/bailey.wardrobe), with all of the stock on for people to browse our selection and rent from an online platform.









# COLLEGE

## WHO'S WHO?

Tammi is the Principal of Cuth's meaning that she oversees all College staff and activities, as well as promoting Cuth's throughout the university and beyond, and strategically developing College. Her office is upstairs in House 12 and you'll often see her at formals and other college events. Tammi divides her time between Cuth's and the Psychology department, where she specialises in forensic psychology.

TAMMI WALKER SHE/HER - PRINCIPAL



tammi.walker@durham.ac.uk



LYDIA HARRIS SHE/HER - ASSISTANT PRINCIPAL



cuthberts.apps@durham.ac.uk



Lydia's job is providing all levels of student support to Cuth's students. The student support services can help with deadline extensions, adverse circumstances, departmental issues, provide support or signposting for non-academic issues, and offer a dedicated contact for all your welfare needs. Whether you need a concession for personal reasons, are struggling to meet your academic targets, or you just feel overwhelmed and need a friendly, non-judgemental ear, Lydia and the Student Support team are here for you!

Jon's role has strong strategic and developmental emphases, aimed at furthering the college and wider university strategies, especially in relation to the personal development of students and the future development of the college community. The Vice-Principal helps to ensure that St Cuthbert's Society offers a supportive and stimulating environment for academic study, cultural and developmental activities and social interaction and engages students, staff, SCR members, visitors and alumni.



JON WARREN HE/HIM - VICE PRINCIPAL



cuthberts.vp@durham.ac.uk



# COLLEGE

## College Mentors

At the start of the year, you will be automatically given a college mentor, who will be there to answer any queries or concerns you may have! You meet with your mentor once a term, and are expected to respond to their emails.



## College Events

College organizes many events throughout the year that are both intellectually stimulating and enjoyable. These include lectures, exhibitions, recitals, and debates. College also invites interesting guests to Formals and other events.

College produces their own handbook, so make sure you give that a read! It's full of important information not included in the JCR handbook (this one!)

## The SCR



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As President of the SCR, I am keen to expand the range of our activities and especially to promote interactions with members of the JCR. Please look out for invitations to SCR events and feel free to contact me if you have ideas for joint projects. I look forward to meeting many of you over the coming year.

Mark Miller joined Durham University and St Cuthbert's Society in 2013. He is an Associate Professor of Chemistry and works on computer simulation in the interdisciplinary field of soft condensed matter. Mark's non-academic interests include keyboard and choral music, hiking, photography, and food & wine.





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# WIDER UNI



## The Student's Union

First set up in 1899, Durham Students' Union supports and represents all students at the university (you're automatically signed up when you enrol). It runs over 250 student groups, holds countless events, and it runs a bar and café in Dunelm House. The SU is led by a team of 5 sabbatical officers. They liaise with the university, colleges, the local community, and the National Union of Students (NUS).



Additionally, they also organise the course rep system, which represents you on matters academic. For more information, you can get in touch with reception by emailing [info@durham-su.com](mailto:info@durham-su.com)

## YOUR OFFICERS



Dan Lonsdale  
President



Skye Carroll  
Opportunities



Deborah Acheampong  
Welfare and Liberation



Freddy Fossey-Warren  
PG Academic



William Brown  
UG Academic

Go to [durhamsu.com](http://durhamsu.com) to find out all about what the SU does!

# WIDER UNI

## SU Associations

The SU runs eight associations, each provide a space where self-defining students can come together. Here, they can discuss the issues affecting them, and campaign to improve the Durham student experience. Each association is led by a president and an executive committee who are all Durham students. They are elected into their positions but fellow self-defining students, so don't be afraid to run for a position you're passionate about while you're here! They put on events, plan campaigns and provide support for their members. If any of this sounds interesting, you can join for free at <https://www.durhamsu.com/associations>





# WIDER UNI

## Student Groups



### DUCK

Durham University Charities Kommittee is the fundraising arm of the SU. They support students to raise hundreds of thousands of pounds each year for over 200 charities, as well as organising a huge range of events and expeditions around the world.



### DU Volunteering & Outreach

DUVSO is a student-led, community-focused volunteering organisation which responds to the needs of the local communities in Durham, and gives opportunities for the students of the university. It's a great way to gain experience and meet people



### Purple Radio

Purple Radio is the Durham Student Radio Service, and has something for everyone, from in-depth discussions with high-profile guests, to environmental documentaries. If you'd like to get involved in radio, be it in tech, production, on air or much more, they'd love to have you on board.



### Durham Student Theatre

DST is an umbrella organisation for the ~25 theatre companies in Durham. It's a union for about 700 members who love the performing arts, and signing up for it will make sure you are informed of auditions and off stage opportunities throughout your university career.



### Palatinalps

Palatinalps is the UK's largest single-university snowsports event. Every year, over 1,500 Durham Students make the pilgrimage to France for a week of Alpine Antics. While tickets can be quite dear, people do seem to really enjoy it, both on and off the slopes.



# WIDER UNI

## Student Groups

### Team Durham

Team Durham runs both college sport competitions and university sport. Some people will already have been contacted about pre-season training with a university team, but there will hopefully also be try-outs in Freshers' Week, which you shouldn't be afraid to get involved with.



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### SU Societies

While Cuth's has loads of Societies and you can find new ones quite easily, the SU has over 250 societies, so you can find a student group for almost any interest, from Catholicism to Calisthenics.



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### Music Durham

Music Durham is an umbrella organisation for university music societies. They have a weekly newsletter which advertises auditions, concerts, and workshops. They run loads of auditioned and non-auditioned ensembles across the classical and jazz spectrums, so get involved!



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### Palatinate

This is the official student newspaper and it's always looking for new writers, editors and online content managers. Keep an eye out for vacancies and also the free copies, which are handed out in our JCRs and all around Durham





# WIDER UNI

## Other Colleges

Not everyone was as lucky as us to be allocated Cuth's, and instead were put in one of the 16 other colleges at Durham. Either through college bar crawls, or meeting people through your course, you will inevitably end up meeting people from another college. Here's a little overview so you're a little more prepared....



### St Aidan's

Aidan's has the second largest parquet floor in Europe. They were also meant to have a chapel built in their inner garden but then the university ran out of money, so they don't have that – just lots of steps to go up before reaching them. (Like, a lot.)



### Trevelyan

If you look passed the maze of hexagons that is their accommodation, you'll find one of the best college drinks, the drowning horse, and a pretty awesome toastie bar. Although the drink would suggest otherwise, what appears to be a drowning horse on their crest is actually a swimming hippocampus (a mythical creature).



### Grey

Grey's mascot is a Phoenix, referencing the fact that their college literally burnt down 8 months after opening. In the 60's their JCR tried to set up a "Campaign for Nuclear Disarmament Society" – perhaps we have Grey to thank for the peaceful resolution of the Cuban Missile Crisis.



### Hatfield

Hatfield sits at the end of the Bailey and was the second Durham college. They were also the first college to introduce mixed dining, instead of having butlers bring food to people's rooms.



### John Snow

John Snow (named after the Physician, not the Journalist, the Cricketer, or the Game of Thrones Character) also recently moved from Stockton. Somewhat strangely they have a College Bugler to announce their students at Matriculation and high tables at formal.



# WIDER UNI

## Other Colleges



### St Chad's

Chad's is a tiny college just opposite the cathedral. A bit of a maze to navigate, but they have a fancy marble-lined foyer which leads into an equally exquisite glass-roofed courtyard and then into their bar, which is one of the finest college bars in Durham (still nowhere near Cuth's Bar).



### Van Mildert

Named after the founder of the university, Van Mildert is known for having their own lake and their annual music festival that takes place by it. Their promotional video "Van Mildert Open Days 2015!" on YouTube is a true cinematic masterpiece.



### Ustinov

Ustinov is for postgraduate students only, so you might meet fewer of them than people from other colleges. They used to be located in Parson's Field, until we took it over in 2005.



### St John's

John's was founded in 1909 as a theological college and is well-known as one of the most Christian colleges. Less well known, however, is that their mascot, Olav the Alligator, has his very own Facebook page and even did the Ice Bucket Challenge back when that was in vogue. A student at John's founded the Fair Trade movement which is very cool!



### Collingwood

Located on the Hill (just next to the Botanic Gardens), Collingwood was the second mixed college after Cuth's. They are known for being super sporty, having football teams from A-M and winning the overall college competition pretty much every year.



### Hild Bede

Hild Bede is located just across the river from the Racecourse and was founded in 1839 but was initially its own higher education institution. It is known as a Bailey college even though it is at the Gilesgate Roundabout. We also play our varsity against them in June every year.





# WIDER UNI

## Other Colleges



### St Mary's

The closest Hill college to Cuth's, Mary's was initially a women-only college, and the final college to become mixed (in 2005). Princess Elizabeth laid the foundation stone of their Fergusson building in 1947.



### Josephine Butler

Being established in 2006, JoBo is one of the youngest. Just in case being so far up the Hill wasn't quite enough, JoBo also have a strange "mound" with a bench on the top (their mascot is therefore a mole). They have a pretty large and modern bar which is actually quite nice. Pro-Tip: Don't say JoBo in front of a Butler student, they hate it. (Do it, do it!)



### Stephenson

Stevos were originally at the Stockton campus, but have recently relocated to actual Durham. Their motto is "One day I will astonish the world" which is something their namesake wrote in a letter to his pals. Truly inspirational stuff. Stephenson has a railway themed bar, and it's the ideal place for a chill night. (If you fancy walking up the hill that is)



### South College

South College is only three years old, so no fun facts as of yet but they embarrassingly have 'Southfess' - their own Durfess. It claims that its site is a "stunning example of purpose-built modern architecture". If that doesn't give you an adrenaline rush, I don't know what will.



### University College

University College, known more commonly as Castle, was founded in 1832 and is the oldest and founding college of Durham. As the name might give away, it is located IN Durham Castle on Palace Green and there are tours of the Castle and a museum!



# CONTACTS

## Student Contacts

Each JCR Officer has an email address, listed below. If you have any questions or queries about anything, at any point of the year, feel free to email the relevant JCR Officer, and they'll be more than happy to help. If you're not sure who to email, you can ask Ben (the President) or MK (The Vice-President), and they'll help you out!

### **President**

Ben Thomas - He/Him  
president@cuths.com

### **Treasurer**

Sam Bache - He/Him  
fco@cuths.com

### **Vice-President**

MK Aaroey - They/Them  
vice-president@cuths.com

### **Senior Welfare Officer**

Dan Mercer - He/Him  
senior-welfare@cuths.com

### **Social Chair**

Izzy Moorman - She/Her  
events@cuths.com

### **Sports and Socs Chair**

Ben Walton - He/Him  
sports-and-socs@cuths.com

### **Outreach Chair**

outreach@cuths.com

### **Publicity Officer**

Colette Zander - She/Her  
publicity@cuths.com

### **SU Officer**

Luke Birch - He/Him  
su-officer@cuths.com

### **Development Officer**

Keely Brown - She/Her  
development@cuths.com

### **Librarian**

Alex Stokoe - He/Him  
librarian@cuths.com

### **Facilities Manager**

facilities@cuths.com

### **PGM President**

Sarah McAllister - She/Her  
pg-rep@cuths.com

### **JCR Chair**

Abi Fisher - She/Her  
chair@cuths.com

### **Communities Chair**

Steph Lau - She/Her  
communities-chair@cuths.com

### **Head Frep**

Andy Charteris  
headfrep@cuths.com

### **SRO**

Abbie Brindle - She/Her  
sro@cuths.com

### **Student Trustee**

Jack Simmonds - He/Him  
samuel.bache@cuths.com

### **Student Trustee**

Cameron Frazer - He/Him  
cameron.frazer@cuths.com

### **Male Welfare Officer**

Will Gande - He/Him  
male-welfare@cuths.com

### **Female Welfare Officer**

Louise Newberry - She/Her  
female-welfare@cuths.com

### **Welfare Officer**

Ella Coates - She/Her  
welfare-officer@cuths.com

### **LGBTQ+ Rep**

Lukie Jew - She/They  
lgbt-rep@cuths.com

### **Working Class Rep**

James Bamford - He/Him  
wcs-rep@cuths.com

### **POC Rep**

Ru Sanena - She/Her  
poc-rep@cuths.com

### **International Students' Rep**

Harry Tang  
international@cuths.com

### **Local Students' Rep**

local.students.rep@cuths.com

### **SwD Rep**

Matilda Bates - She/Her  
swd-rep@cuths.com

### **SU President**

Dan Lonsdale - he/him  
su.president@dur.ac.uk



# CONTACTS

## Social Media

### INSTAGRAM

- @cuthsjcr* - updates from across the JCR!
- @cuthsbar* - updates from Cuth's bar
- @cuthslibrary* - library updates, including book club!
- @cuths.pres* - updates from our President Ben
- @cuths\_welfare* - information about welfare and campaigns
- @cuths\_jcr\_elections* - information on upcoming elections
- @cuths.localstudents* - updates from our local student's rep!
- @cuths.poc* - updates from our POC rep, Ru!
- @cuths.antiracism* - updates from the anti-racism society!
- @lgbtq.cuths* - updates from our LGBTQ+ Rep, Lukie
- @cuthspg* - info for and about postgraduates!
- @cuthsinternational* - updates from our international rep Harry!
- @cuthsswd* - updates from Matilda, our SwD rep!
- @working\_class\_cuths* - updates from our working class rep, James
- @cuthsgoesabroad* - info for Cuth's students on placement/years abroad!
- @cuthsfashionshow2024* - updates on one of Cuth's biggest events, cuth's fashion show
- @cuthsenvironment* - information on environment campaigns at cuth's



Use the QR code or the link to access the facebook pages for all the sport and societies up and running next year!



[https://linktr.ee/cuths\\_sports\\_soc?](https://linktr.ee/cuths_sports_soc?fbclid=IwAR1RmdR3X5YwCEBn5cWeVWDeZXILVb9ZWJugfg9GNICa3CVyiXVa0sGC8F)  
[fbclid=IwAR1RmdR3X5YwCEBn5cWeVWDe](https://linktr.ee/cuths_sports_soc?fbclid=IwAR1RmdR3X5YwCEBn5cWeVWDeZXILVb9ZWJugfg9GNICa3CVyiXVa0sGC8F)  
[ZXILVb9ZWJugfg9GNICa3CVyiXVa0sGC8F](https://linktr.ee/cuths_sports_soc?fbclid=IwAR1RmdR3X5YwCEBn5cWeVWDeZXILVb9ZWJugfg9GNICa3CVyiXVa0sGC8F)

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### FACEBOOK

- Cuth's JCR
- Cuth's Elections
- Team Cuth's
- Cuth's Outreach Committee
- Cuth's JCR Welfare
- Cuth's Bar
- Cuth's Library
- St Cuthbert Society's Fashion Show
- Cuth's Music
- St Cuthbert's Society - Durham University
- Cuth's Lgbtq+
- Cuth's Anti-Racism Society

# CONTACTS

## Staff Contacts

Our brilliant college staff are here to help if you need, so if you have any problems, or have been directed to someone and need to contact them, you'll find their emails below!

### **College Principal**

Tammi Walker  
tammi.walker@dur.ac.uk

### **Vice Principal**

Jon Warren  
cuthberts.vp@cdur.ac.uk

### **24/7 RSA**

0191 334 3470

### **Bailey Reception**

Renato Nunes Gomes Silva  
Joanne Franklin  
0191 334 3400

### **Assistant Principal (Student Support)**

Lydia Harris  
cuthberts.studentsupport@dur.ac.uk

### **SCR President**

Mark Miller  
cuthberts.scr-president@dur.ac.uk

### **College Operations Manager**

Sue Cole  
s.m.cole@dur.ac.uk

### **Brooks Reception**

Kath Randell  
0191 334 6596



## Other Useful Contacts

### **Students' Union Information**

info@durhamsu.com

### **University Counselling Service**

counsel.service@dur.ac.uk

### **Disability Support**

disability.support@dur.ac.uk

### **Students' Union Advice Service**

dsu.advice@dur.ac.uk

### **IT Service Desk**

itservicedesk@dur.ac.uk

### **Nightline**

0191 334 6444

