



Cuth's Postgrad Handbook 2023/24





Introduction & Welcome

Firstly, for those of you who are joining Cuth's this year, massive congratulations and welcome to St. Cuthbert Society, and for those of you returning - welcome back!

I'm Sarah McAllister, and I am the Postgraduate and Mature Students' President. I first arrived at Cuth's for my undergrad in 2016 and it's safe to say this place quickly became my home. I am currently in the 2nd year of my PhD in English and History.

This handbook will give you an overview of our JCR, college, and generally what Postgrad life is like at Cuth's. There is also information about all the events during Freshers' Week.



Sarah McAllister
Cuth's PGM Pres

I would also encourage you to check out the Freshers' Handbook which has a lot of useful information about Cuth's and will introduce you to the rest of the Executive Committee.

Durham certainly has its quirks so hopefully this handbook will help answer your questions, and of course if there is anything else please email me at pg-rep@cuths.com



Contents



Key Terms	3
Cuth's JCR	5
Cuth's JCR & College	6
College Officers	7
Postgraduate and Mature Students' Committee	8
SCR	11
PG Freshers' Week Events	12
Events	15
JCR Facilities	16
JCR Sports & Societies	17
JCR Committees	18
Durham SU	19
Library & Study Spaces	20
Areas of Durham	21
Welfare	22
Cuth's JCR Contacts	23
Durham Important Contacts	24
Cuth's Social Media	25
The History of St Cuthbert's Society	26



Key Terms

JCR

The Junior Common Room is a charity dedicated to Cuth's students, run by Cuth's students. The JCR includes Cuth's sports, societies, events, outreach and student-led welfare amongst much more.

PGM COMM

Postgraduate and Mature Students' Committee oversees events aimed at Postgrad students at Cuth's. You may see that other colleges have a MCR (Middle Common Room). While we do not have a separate MCR for Postgrads at Cuth's, the PGM Committee plays the same role.

JCR Levy

This is the payment you make for your JCR membership. If you have previously studied in Cuth's and this is your 4th year, membership is free. If you are a PhD student, you only need to pay the levy once and this will cover your whole PhD.

Parson's Field

The larger of the two Cuth's sites which is made up Refounder's House, Brooks House, Fonteyn Court and Parson's Field Court (PFC). The Postgraduate accommodation in Cuth's is located in Brooks House. It is also the location of some of social spaces, gyms and one of the bars.

The Bailey

The Bailey is located in the center of Durham and the more historic of the two Cuth's sites. It is the location of some of the UG accommodation, college library, dining hall, meeting space and the Bailey Bar.

Inter-MCR

You may see events throughout the year run by different colleges under the title of Inter-MCR. This essentially means that its open to all Postgrads from all colleges. Each college will usually host at least one Inter-MCR formal which is great opportunity to see other colleges and meet other Postgrads.

Freps

Freshers' Reps are known as Freps who will welcome you into college when you move in and will be around for the first week so if you have any questions, they will always be happy to help.



Key Terms

Welfare

There is a student welfare service that is run by four student officers: Senior Welfare Officer, Female Welfare Officer, Male Welfare Officer & the Welfare Officer.

Student Support

This is the welfare service provided by the college staff. Lydia Harris is our student support contact and her office is upstairs in House 12 on the Bailey (up the stairs next to the reception). Lydia can also be contacted at Cuthberts.studentsupport@durham.ac.uk.

Billy B

The nickname for the main university library, the Bill Bryson Library which is located on 'the Science Site'

Science Site

This is name many students will call Lower Mountjoy which has a lot of University buildings including the Bill Bryson Library, the Palatine Centre, the Calman Learning Centre and an array of department buildings.

SCR

The Senior Common Room is made up of staff from across the university, members of the local community and some of the alumni. They organise a range of events throughout the year.

Formatives & Summatives

At Durham assessments fall into two categories: formative and summative. Formative assessments don't count towards your degree whereas summatives do.

CIS

Computing and Information Services. They run the University IT system so if you have any problems logging in or anything tech related get in touch with them.

Durham SU

They represent and support students across all colleges. They can be found in Dunelm House on New Elvet, next to Kingsgate Bridge.

Cuth's JCR



Cuth's JCR (Junior Common Room) is the student body of Cuth's. The JCR runs and is responsible for our social events, sports, societies, welfare support, volunteering opportunities, facilities and representing the views of Cuth's Students. The JCR has an Executive Committee which I sit on as the PGM Pres. The Exec is led by our President and has a range of representatives from across the JCR. We also have a wide array of committees and positions available for students to get involved in, ranging from Welfare Committee to Governance Committee.

There's plenty of opportunities to get involved with something you're passionate about (I'll talk about our committees, sports and societies later in the handbook). If you want to get involved a great way to see what Cuth's is about is our JCR Meetings. They happen at least three times a term in either of our bars or the dining hall on the bailey. In the meetings any member of the JCR can run motions, which may involve the creation of new societies, new positions or changing something about how the JCR currently operates. Meetings also involve hustings for the JCR positions open for election.



Cuth's JCR & College



Cuth's JCR, unlike some of the other JCR's at Durham, is an independent charity which means we are completely run by students. The college part of Cuth's however is made up of staff including our Principal, Vice Principal, Student Support, porters, cleaners, secretaries and catering staff. The JCR and college work together to make Cuth's what it is, but have distinctive roles.

It can be confusing to know who to email about certain things. If you have queries about accommodation, academic matters, student support, etc please get in touch in with a member of college staff. With matters regarding events, welfare, sports & socs, gyms, library it tends to be best to get in touch with a representative of the JCR. Of course, if you have any issues and don't know who the right person is to contact feel free to email me and I can direct you.

Often people new to Durham will ask why Cuth's is a society rather than a college. In our history Cuth's was established in 1888 by people who did not want the same college life as the other existing colleges (Castle and Hatfield). The college consisted of people who lived out and were often mature. Today, we operate in the same way as the other colleges but remain proud of our history and like to pride ourselves of our independence.





College Officers

Principal - Professor Tammi Walker

Tammi is our Principal which means she oversees the college staff. She also works to represent Cuth's throughout the University and work towards developing our college community. Her office in college is in House 12.

Tammi is also a Professor in the Psychology department.



Cuthberts.collegecoordinator@durham.ac.uk

Vice-Principal - Dr Jon Warren

Jon's role focuses on the personal development of students and the development of the college community. He also ensures that our students, staff, SCR members, visitors and alumni all benefit from interacting from each other either through college or activities within Cuth's.

cuthberts.vp@durham.ac.uk

Assistant Principal - Dr Lydia Harris

Lydia is our Assistant Principal in Cuth's. If you're having a problem Lydia is the person to go to, whether you're ill, worried about deadlines or need to talk about some personal issues Lydia is there for you.



she/her

Cuthberts.studentsupport@durham.ac.uk

Postgraduate and Mature Students' Committee



The Postgraduate and Mature Students' Committee (PGM Comm) organises events and ensures that the voice of Postgraduate and Mature Students are heard in the JCR. In Cuth's it operates as the equivalent of an MCR which exist in most of the other colleges in Durham. PGM Comm will organise events which are aimed at you specifically as Postgrad and Mature Students, however by having a joint common all the events, sports, societies, and opportunities that the wider JCR organise are also open to you. It's completely up to you about how much or how little you get involved, but I would encourage you to have a look at everything that is on offer for you.



PGM President - Sarah McAllister (she/her)

Role on PGM Comm: My role involves representing the views of Postgrad and Mature Students on a variety of different committees within the JCR, college and the wider University. I chair PGM Comm which will co-ordinate events that are tailored for Postgrad and Mature Students. These events can range from academic events to day trips out. The committee will also discuss issues affecting Postgrads and Mature Students and how we can make improvements within our own community.



Your favourite thing about Cuth's: The sense of community, you really can meet such a wide variety of people that otherwise you would probably never meet.

What you would recommend people try out in Durham: Durham has so many cafes it can be hard to choose (and sometimes a cafe crawl is required). but Vennel's chocolate cake is a must!

Postgraduate and Mature Students' Committee



President of the Society - Ben Thomas (he/him)

Role on PGM Comm: I'm Ben, the President of the Society which means that I sit on all of the Committees in the JCR, including PGM Comm! My role is to provide some guidance to the committee, especially about working with College and the wider community. I also make sure that all the work we do is linked up with others, including ensuring that other committees and Exec members are aware of plans, so that we can cooperate and work together as needed. I'm also there just to help out generally with the committee's activities!



Your favourite thing about Cuth's: My favourite thing about Cuth's is that we as a JCR have so much autonomy from College and the University, and are so student-led. For example, we're the only College where student volunteers working on behalf of the JCR run the library.

What you would recommend people try out in Durham: My one big recommendation for what to do in Durham is to take advantage of all of the history surrounding you. Durham and the surrounding area is full of great museums and heritage sites, such as Beamish Living Museum or the Binchester Roman Fort in Bishop Auckland.

Vice-President - MK Aaroy (they/them)

Role on PGM Comm: As Vice-President, I sit on all committees so I will be bringing a more general knowledge of the JCR to the committee. I will also minute the committee and help out in any way I can!

Your favourite thing about Cuth's: My favourite thing about Cuth's is that there is something for everyone! And there is an opportunity to become friends with people you would never have met normally, across years, degrees and home locations!!



What you would recommend people try out in Durham: I recommend a college bar crawl 100% but you also HAVE to try a chip butty from Belle's (Definitely the best chippy in Durham).

Postgraduate and Mature Students' Committee



The rest of the positions on the committee will be opened at the beginning of term either via application or elected. Getting involved is a great way to get involved in the Cuth's community and have a leading role in PG Community. Below is a description of what each of the roles entails, but please do get in touch if you have any questions or would like to get involved.

PGM Vice-President

The Vice Presidents' main role is to assist the PGM President in running the Postgraduate and Mature Students' Community in Cuth's. This position is an elected.

The Treasurers' role is to oversee the budget for the committee. This position is elected.

PGM Treasurer

PGM Social Secretary

Their job involves working with the rest of PGM Comm to run the social calendar for Cuth's Postgrad and Mature Students. This position is available via application.

The Academic Rep organises our Research Slams and Research Forums. This means working with college to arrange dates for talks and working with the committee to find speakers. This position is available via application.

PGM Academic Rep

Mature Students' Rep

They work with PGM Comm to represent Mature Students and organise events specifically for Mature Students. This position is available via application.

They work with the rest of PGM comm in the organisation of events and represent Postgrad students. This position is available via application.

PG Rep

PGM International Rep

They represent the views of International Students' to the committee, as well as representing Postgrads on International Committee. This position is available via application

They work with PGM comm in the organisation of events and represent Fourth Year students. This position is available via application.

Fourth Year Rep

PG Welfare Rep

The PG Welfare Rep is in charge of sign posting Welfare Support available for Postgrad Students' and raising any issues or campaign ideas to Welfare. This position is elected.

SCR



The SCR is our Senior Common Room. The SCR is a voluntary organisation composed of members from the University and the wider community who are interested in supporting the college. Their members include academic staff at the university, local alumni and some members of the local community in Durham. The Senior Common Room, like the Junior Common Room, works with College staff in order to maintain the college community. Members of the Senior Common Room contribute to Cuth's in a variety of ways: many of them serve as College mentors, give talks about their research or other activities, or run Student Development and Employability events.

Mark is an Associate Professor in the Chemistry department and has been SCR President for quite a few years now. As SCR President, Mark runs SCR Committee which has a number of positions occupied by SCR Members as well as College Staff attending as ex-officio members.



Mark Miller

Cuth's SCR President

The SCR put on a number of events throughout the year to help enrich experiences in Cuth's, and almost all of these events are open to students. They also fund a grant for performing arts for students and award a prize for voluntary and charitable work.



POSTGRAD FRESHERS' WEEK

Wednesday 20th - Saturday 23rd September

WEDNESDAY 20TH SEPTEMBER

During the Day	Move-Ins	Brooks House
7.30pm	Pub Quiz for PGs & International Students	Bailey Bar

THURSDAY 21ST SEPTEMBER

11am	Walking Tour of Durham	Meet at Brooks
3pm	'Big Tesco's' Shopping Trip	Meet at Brooks
8pm	Games Night	Brooks Bar

FRIDAY 22ND SEPTEMBER

2pm	Induction Talk	Tom Percival Annexe
3pm	PG Consent Workshop	
6.30pm for 7pm	Postgraduate Welcome Formal	Dining Hall
Evening	Bar Open after the Formal	Bailey Bar

SATURDAY 23RD SEPTEMBER

11am	Newcastle Trip	Meet at Brooks
Afternoon	International Student Picnic	Botanic Gardens
Evening	Brooks Bar Open	Brooks Bar

No wristband is required for any of these events



Freshers' Week Events

FRESHERS' WEEK TIMETABLE

Sunday 24th September - Sunday 1st October

SUNDAY 24TH SEPTEMBER

12:30pm	PG Picnic (Cafe Crawl if bad weather)*	Meet at Brooks
7.30pm	Dress as your Subject	Bailey Bar
7.30pm	Bar Night	Brooks Bar
10.30pm	Bohemia (Club)	Bohemia

MONDAY 25TH SEPTEMBER

2-3pm	Coffee Morning with Working Class Rep*	Brooks
7.30pm	Bingo	Dining Hall & Bailey Bar
7.30pm	Pool & Darts Tournament	Brooks Bar
10.30pm	Fabs (Club)	Fabs

TUESDAY 26TH SEPTEMBER

11-12pm	Coffee Morning for Mature Students*	Brooks
2-3pm	Hot Drinks and Colouring with Students with Disabilities Rep*	Brooks
8pm	Inter-MCR Pub Quiz*	Durham SU

WEDNESDAY 27TH SEPTEMBER

11-12pm	Coffee Morning with LGBTQ+ Rep*	Brooks
1pm	Picnic	Meet Bailey Bar
2pm	Sport Afternoon	
1-3.30pm	Board Games for Local Students*	Brooks
7.30 pm	Pirate Night	Bailey Bar
7.30 pm	Karaoke with Pizza	Brooks Bar
10.30pm	Klute (Club)	Klute

To attend Freshers' Week events you need to purchase a wristband
Any event marked with an * does not require a wristband



Freshers' Week Events

FRESHERS' WEEK TIMETABLE

Sunday 24th September - Sunday 1st October

THURSDAY 28TH SEPTEMBER

1pm	Photo and Matriculation*	Palace Green/Cathedral
3.30pm	PG Matriculation Celebration Meal*	Library Bar
7.30pm	Pub Quiz (Dining Hall) & Sober Pub Quiz (Brooks Bar)	
10.30pm	Loft (Club)	Loft

FRIDAY 29TH SEPTEMBER

12-2pm	Petting Zoo	Parsons Field
3-4pm	Friendship Bracelet Making with PoC Rep* Brooks	
7pm-2am	Cuth's Live + Silent Disco	Dining Hall/Bailey Bar

SATURDAY 30TH SEPTEMBER

2pm	Sports and Socs Fair*	Dining Hall
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SUNDAY 1ST OCTOBER

7.30pm	First JCR Meeting of the Term (and a free raffle!)*	Bailey Bar
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To attend Freshers' Week events you need to purchase a wristband
 Any event marked with an * does not require a wristband

Events

PGM Events throughout the Year

Social Events

Postgrad Committee organises a number of casual social events throughout the year. These include meals out, nights in brooks bar, bar crawls, quizzes and going out for coffee.

Academic Events

Our Academic Rep will organise a couple of Research Forums each term. At these events a couple of people will speak about their research interests. This usually involves members of the SCR, postgrads and final year undergrads. We also have Research Slams which are an informal research forum which allows people who haven't finished their research to get casual feedback on their work.

Inter-MCR Formals

MCR Formals occur across Durham colleges and are open to anyone from another MCR, or equivalent, so for Cuth's this any Postgrad, Mature Student or a Fourth Year Student. Most of formals will have a theme; we've had a murder mystery formal for the last couple of years which has proven to be very popular.



JCR Events

Formals

Formals are held in Cuth's Dining Hall and often have a theme (ie. Burns Night). The dress code will either be Lounge Suit or Black Tie. Lounge suit means a regular suit and tie, a jacket, smart shirt and tie, a dress or most outfits as long as they're smart are fine. Black tie is a bit fancier - some people will wear Dinner Jackets, dress shirt and a bow tie, cocktail dresses or trousers and a blouse. Variations on this are welcome.

Big Events

Social Comm organise a number of big events throughout the year. This includes Balls held at external venues where there will be a three-course meal followed by entertainment for the rest of the evening which may include food vans, fairground rides, mini golf, etc.

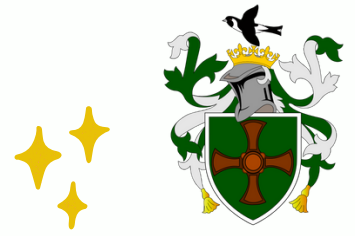
The Feast of St Cuthbert happens every epiphany term and is held in college. It involves a three course meal followed by entertainment and culminates in a silent disco in our dining hall.

The final big event of the year is Cuth's Day where there is live music throughout the day in Cuth's gardens alongside a variety of other activities.

There are also other smaller scale events held throughout the year.



JCR Facilities



Cuth's Library

Cuth's Library is located in House 8 on the Bailey; it is easily identifiable with its lion head door knocker.



The library is a great place to work, if the Bill Bryson Library isn't your cup of tea. Speaking of, the library has tea, coffee and biscuits readily available for those of who work there. You can also order any book you want to Cuth's library, so if there is something you would like to read, either something for academic purposes or a novel, keep an eye for book orders at the beginning of the term. You can also volunteer to work at the library so keep an eye out for more information if you're interested.

Bailey and Brooks Bar

At Cuth's we like to pride ourselves in our unique qualities, and one of them is that we have two bars. The Bailey Bar is located in House 12 and Brooks Bar is located Brooks House on the Parsons Field site. Throughout the year social events will be hosted at both bars including Karaoke nights, acoustic nights, Cuth's does Eurovision and JCR meetings.



The Bailey Bar is one of the social centres of Cuth's and has a great atmosphere to hang out in and for socials. It definitely has the traditional pub feel about it, especially on a busy night.

Brooks Bar is a more of a casual place to hang out. It's a great place for some drinks with groups of friends, and for those of you who are living in Brooks, very convenient as it's only a walk down stairs for you. Brooks is also a good place to work during the day.

Gyms

We have a cardio gym and weights in gym both at the Parson's Field. In order to use either of the gyms you need to do a gym induction which will be advertised at the start of term. Gym membership is included in the JCR Levy.

Junior Common Rooms

As well as the 'JCR' referring to the student body of Cuth's, there are also two social spaces with one on the Bailey and one at Parson's field where you can hang out with fellow students. They also have spaces for study.

Kyle-Langley Music Room

Cuth's music room is located in Fonteyn Court at Parson's Field. It is sound proof and has a number of musical instruments and equipment in the room. The room can be booked out for practice.

Computer Rooms

There are also computer rooms so you can access any subject specific software that you will need for your course or work in college without lugging round your laptop

Sports & Societies



We have a large range of Sports and Societies ranging from Football to Crochet. We have a Sports and Societies Chair who oversees them all so to keep up to date with them make sure you follow @TeamCuths on Instagram. The JCR levy allows the JCR to subsidise subs (essentially the membership) which means it is cheaper for you to join.

If you're passionate about something we don't currently have a society for, you can make one. Get in touch with Ben our Sports and Socs Chair and he can help you set it up. You'll need to get 15 people to say there are interested and take it to a JCR meeting.

There is a Sports & Socs Fair on the afternoon of Saturday 30th September which will be held on the Bailey. I would recommend going to have a look around and seeing what is on offer.



**Save the
date!
2pm - 4pm**



JCR Committees

Alongside our Sports and Societies we also have a number of different JCR committees which may be of interest of you. If you're interested in any of them feel free to get in touch with the chair (you can see a full list of JCR contacts at the end of this handbook) or if you're not sure who to ask you can always email me at pg-rep@cuths.com

Exec
Committee

Governance
Committee

Finance
Committee

Communities
Committee

Welfare
Campaigns
Committee

Welfare
Committee

Sports and
Socs
Committee

Outreach
Committee

SU
Committee

Postgraduate
and Mature
Students'
Committee

Facilities
Committee

International
Committee

Music
Committee

Social
Committee

Library
Committee

Year Abroad
& Placement
Committee

Environment
Committee

Durham SU



Hi, I'm Freddy, and I'm your new Postgraduate Academic Officer here at the Durham Students' Union. I'd like to take this time to, first of all, welcome you to Durham University! I'd also like to just give a quick introduction, explain who I am, what my role is, and how best you can make use of the SU and its resources during your time here at Durham.



As previously mentioned, my name's Freddy and I was a history student at Durham both as an Undergraduate and Postgraduate before I took up the role of Postgraduate Academic Officer at Durham's SU. The SU is a registered charity existing specifically to advocate for the interests of students, both here at Durham and naturally. As the PG Academic Officer, I am the only Officer at the SU specifically representing Postgraduate Students, both taught and research, and it is my job in this role to campaign on University-wide issues affecting Postgrads. This includes, but is not limited to, issues regarding the quality of supervision, the treatment of Postgrads with teaching and marking responsibilities, and the calibre and accessibility of support resources. More than merely this, it is also my job to directly represent you at a number of high-level University committees.

Naturally, my ability to do my job as effectively as possible relies on your feedback, so please feel free to contact me at sugacademic@durham.ac.uk with any concerns you have regarding your academic experience while at Durham or with any work the SU is engaging in more broadly. This does not mean, however, that my remit is solely academic. If you have any issues not directly related to academic matters, please don't hesitate to contact me, while I may not be able to help you directly, I'll certainly be able to direct you to someone who can.

Library & Study Spaces



Study Spaces

We have already mentioned the main university Library (Bill Bryson Library) and Cuth's Library, but there are a wide variety of study spaces across the university. For students popular study spaces include the Teaching and Learning Centre (located across the road from the science site), Dunelm House (The SU building) and Palace Green Library. There are also some study spaces which are only for Postgraduate Students and it is worth asking your department whether they offer desks to students (especially if you're a PGR) or have specific study spaces/libraries for students in their departments. There are also a number of smaller study spaces across Cuth's and if you prefer to work in cafes you have so many to choose from in Durham.

For the full list of study spaces check out the University Lib Guide:
<https://libguides.durham.ac.uk/studyspaces>

Borrowing Books

Taught postgraduates can borrow up to 30 items – standard loan is 3 months
Research postgraduates can borrow 40 items - standard loans of 6 months

If a book you require is not owned by Durham University library, you can make a request to borrow it from another library through the Inter-Library Loan system.

Printing

You have access to printers across the University. You can add credit to your account by buying Print Credit. Printing is free for PGR students. More information on this can be found on the CIS website: <https://dur.unidesk.ac.uk> (log-in required)

Research Institutes

Durham has nine research institutes which host events and may interest your own research interests.

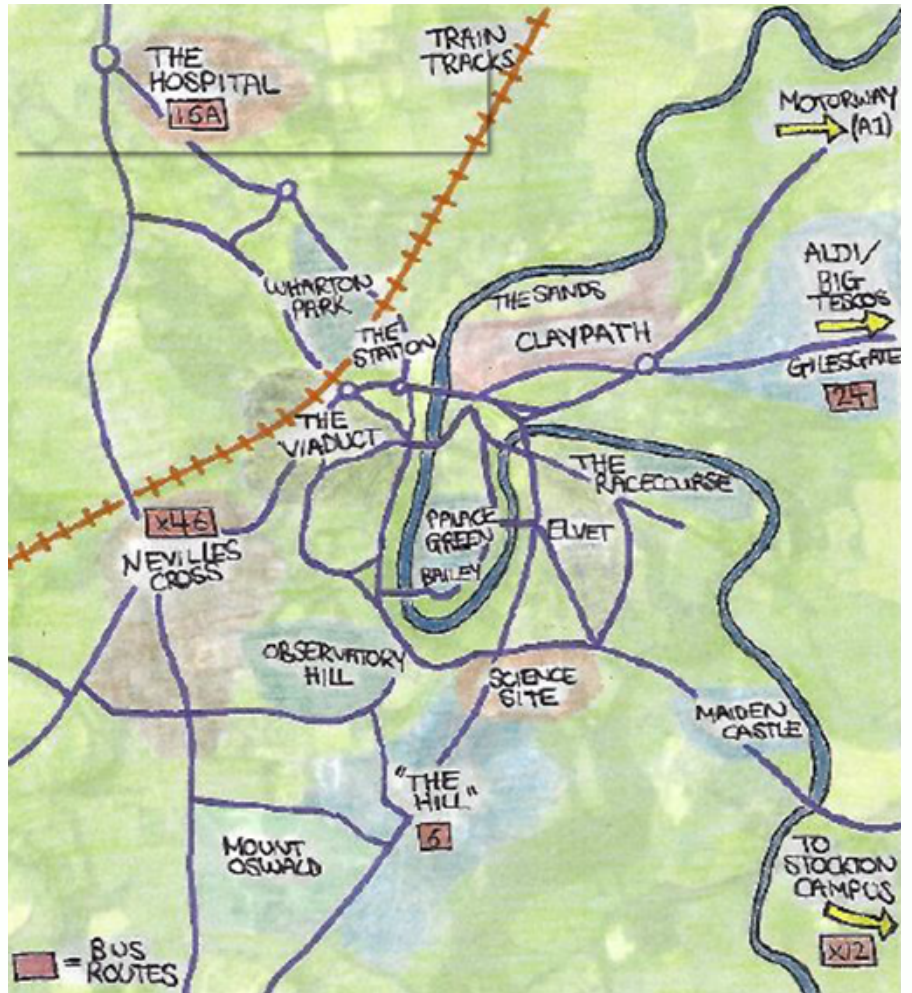
Biophysical Sciences Institute
Durham Energy Institute
Institute for Computational Cosmology
Institute for Particle Physics Phenomenology
Institute for Data Science
Institute of Advance Study
Institute of Hazard, Risk and Resilience
Institute of Medieval and Early Modern Studies
Wolfson Research Institute for Health and Wellbeing
Institute for Medical Humanities

You can find out more information about the institutes here:
<https://www.dur.ac.uk/research/institutes/>

Areas of Durham



Claypath is basically the street leading up to Gilesgate from the Marketplace. It's literally a stone's throw from the City Centre and home to the Gala Theatre. This is particularly handy therefore for cinema goers. There a number of late night food places on this street as well as a smaller Tescos than in Market Square.



Gilesgate is one of the more residential areas of Durham, located at the top of Claypath. There is a Sainsburys up there and it

is also not a far walk to 'Big Tescos' which is also right next to a lot of other shops including Iceland, Home Bargains, Aldi, etc.

Neville's Cross A little further out, but there are some smaller shops and takeaways there. More of a residential area and not as many students living there than the Viaduct.

The Viaduct Accessible via North Road or Crossgate. The Viaduct is dominated by student housing. North Road provides close proximity to shops including Tescos Express and Iceland. It is also very close to both the train station and bus station so perfect for accessing public transport.

Welfare



Cuth's Welfare

Cuth's Welfare provide support for all students in Cuth's whether a first year undergraduate, mature student or a Postgrad. We have four Welfare Officers in Cuth's who will hold drop in hours each week. Our minority reps will also be holding some drop ins this year. The wider welfare team will be running campaigns throughout the year. Welfare also provides free contraceptives and pregnancy tests upon request.

Daniel Mercer – senior-welfare@cuths.com
Louise Newberry – female-welfare@cuths.com
Will Gande – male-welfare@cuths.com
Ella Coates - welfare-officer@cuths.com
www.facebook.com/cuthsjcrwelfare/
Instagram @cuths_welfare

Student Support

As already mentioned, Lydia Harris, is Student Support in Cuth's. If you have any issues that want to discuss with someone whether academic, wellbeing or personal please feel free to contact Lydia. Her office is located upstairs in House 12.
Cuthberts.studentsupport@durham.ac.uk.

University Counselling Service

Durham University also offers a counselling service. The counselling service is there for you if you are finding it hard to manage at university and it is affecting your work.
0191 334 2200
Counsel.service@durham.ac.uk

Nightline

Nightline is a confidential, non-advisory anonymous phone service which is available every night 9pm to 7am during term time.
Nightline Website: <https://durhamnightline.com/contact/>
Nightline Phone Number : 0191 334 6444

Health and Welfare Contact Info

Belmont and Sherburn Medical Centre: 0191 3009 661.
Claypath Medical Centre: 0191 374 6888.
NHS non-emergency: 111.
Samaritans: 116 123.
University Health Centre: 0191 386 5081
University Counselling Service: 0191 334 2200 or counsel.service@dur.ac.uk.

Cuth's JCR Contacts



Role	Name	Email
President of the Society	Ben Thomas	president@cuths.com
Vice President	MK Aaroey	vice-president@cuths.com
Treasurer	Sam Bache	fco@cuths.com
Senior Welfare Officer	Daniel Mercer	senior-welfare@cuths.com
PGM President	Sarah McAllister	pg-rep@cuths.com
Sports & Societies Chair	Ben Walton	sports-and-socs@cuths.com
Publicity and Relations Officer	Colette Zander	publicity@cuths.com
Social Chair	Izzy Moorman	events@cuths.com
Outreach Chair	*Open*	outreach@cuths.com
JCR Chair	Abi Fisher	chair@cuths.com
Students' Union Rep	Luke Birch	su-rep@cuths.com
Development Officer	Keely Brown	development@cuths.com
Communities Chair	Steph Lau	communities-chair@cuths.com
Facilities Manager	*Open*	facilities@cuths.com
Librarian	Alex Stokoe	librarian@cuths.com
International Rep	Harry Tang	international@cuths.com
Head Frep	Andy Charteris	headfrep@cuths.com
Senior Returning Officer	Abbie Brindle	sro@cuths.com
Student Trustee	Jack Simmonds	jack.simmonds@cuths.com
Student Trustee	Cameron Frazer	cameron.frazer@cuths.com
Male Welfare Officer	Will Gande	male-welfare@cuths.com
Female Welfare Officer	Louise Newberry	female-welfare@cuths.com
Welfare Officer	Ella Coates	welfare-officer@cuths.com
LGBTQ+ Rep	Lukie Jew	lgbt-rep@cuths.com
PoC Rep	Ru Sanena	em-rep@cuths.com
Student with Disabilities (SwD) Rep	Matilda Bates	swd-rep@cuths.com
Working Class Students' Rep	James Bamford	wcs-rep@cuths.com

Other Key Contacts



Role	Name	Email
College Principal	Tammi Walker	Cuthberts.collegecoordinator@durham.ac.uk
Vice Principal	Jon Warren	cuthberts.vp@durham.ac.uk
Assistant Principal	Lydia Harris	cuthberts.studentsupport@durham.ac.uk
College Coordinator	Debra Smith	Cuthberts.collegecoordinator@durham.ac.uk
SCR President	Mark Miller	cuthberts.scr-president@durham.ac.uk
College Operations Manager	Sue Cole	s.m.cole@durham.ac.uk
Cuth's Reception	---	Cuthberts.reception@durham.ac.uk
Students' Union Information	---	info@durhamsu.com
Students' Union Advice Service	---	dsu.advice@durham.ac.uk
SU President	Dan Lonsdale	su.president@durhama.ac.uk
SU PG Academic	Freddy Fossey-Warren	su.pgacademic@durham.ac.uk
SU Opportunities	Skye Carroll	su.opportunities@durham.ac.uk
SU Welfare & Liberation	Deborah Acheampong	su.welflib@durham.ac.uk
SU UG Academic	William Brown	su.ugacademic@durham.ac.uk
IT Service Desk	---	itservicedesk@durham.ac.uk
University Counselling Service	---	counsel.service@durham.ac.uk
Nightline	---	0191 334 6444

Cuth's Social Media



Postgrad and Mature Students



St Cuthbert's Society Postgraduates and Mature Students
<https://www.facebook.com/groups/694627940612389/>



@cuthspg



@cuthspg

There will also be a group chat (probably on Whatsapp) created closer to the beginning of term.



QR Code to Join the Facebook Group

Cuth's Facebook Groups/Pages

St Cuthbert's Society JCR - Updates from across the JCR

Cuth's JCR Elections - All information about JCR Meetings and Elections will be posted on this page

Cuth's Welfare - All information from the JCR Welfare Team

St Cuthbert's Society - Durham University - Official College Facebook Page

Cuth's Instagram Pages

@cuthsjcr

Updates from Across the JCR

@cuths_jcr_elections

JCR Meetings & Elections

@teamcuths

Cuth's Sports & Socs

@cuthsevents

Updates about the big events at Cuth's (eg. Balls and Cuth's Day)

@cuths.outreach

Volunteering opportunities and fundraising events

@cuths.pres

Updates from the President of the Society

@cuths_library

Cuth's Library

@cuths_welfare

Info about Cuth's welfare services and campaigns

@cuthsbar

Updates from the bar

@cuths.su.rep

Updates from our SU Rep

@cuths.development

Updates from our Development Officer

@cuths.localstudents

Updates from the Local Students' Rep

@cuths.poc

Updates from the PoC Rep

@lgbtq.cuths

Updates from the LGBTQ+ Rep

@cuthsinternational

Updates from the International Rep

@cuthsswd

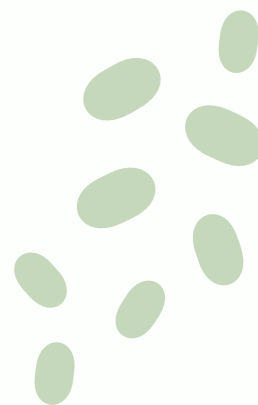
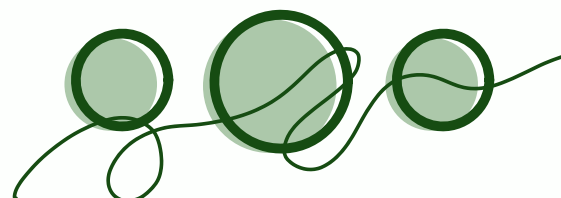
Updates from our SwD (Students' with Disabilities) Rep

@working_class_cuths

Updates from our Working Class Students' Rep

@cuthsenvironment

Updates from the Environment committee



The History of St Cuthbert Society



St Cuthbert Society was founded in 1888 as a non-residential community for mature and local students who did not want to live in the two existing colleges which were Hatfield and University College (Castle). Cuth's therefore was established as society which distinguished it from the other two societies. Rather than a Principal, we had a Censor, who was a member of University staff, to oversee Cuth's.

Initially, Cuth's did not have any space of its own, and its students reportedly spent a great deal of time monopolising the chairs by the Union Society fire, much to the annoyance of others. The situation came to a head in 1892, when the St Cuthbert's Men were having difficulty finding a place to hold their meetings. After a collective letter to the Journal outlining their grievances, they were granted access to St Cuthbert's Room in University House, now Cosin's Hall, on Palace Green. It became home to St Cuthbert's for over fifty years.

After the Second World War, in 1946, the St Cuthbert's Society was 're-founded' and the University appointed the first Principal, a member of academic staff, to manage the community. In 1947 St Cuthbert's was allocated a room on Owengate, beside the Castle, along with 30 Church Street, so that it could offer its members more space to meet. But with over 200 students belonging to Cuth's, it was still impossible to entertain everyone in the new premises.

It was not until 1951 that St Cuthbert's Society settled at 12 South Bailey, which still serves as its administrative headquarters. Originally, 12 South Bailey contained the Principal's Office, a Junior Common Room, the first ever Senior Common Room, and accommodation for six students. The rest continued to live in houses in the local community. This was the first time that members of St Cuthbert's had ever had accommodation on University premises, and it was in high demand. More accommodation was acquired on the Bailey over the next thirty years, and most recently at Parson's Field on Old Elvet. The college now comprises approximately 1,300 students.

Today, St Cuthbert's Society still retains the independence of spirit that was the hallmark of its founders, but is able to offer its students all the advantages associated with being a college of Durham University. In 2008, the University agreed to allow Cuth's to retain the title 'Society' as a reflection of its heritage.

Our coat of arms features the shield of St. Cuthbert in the centre. Above it is an eider duck, while St. Cuthbert was living on the Farne Islands he instituted special laws to protect the birds nesting there. The ducks have since been known as cuddy ducks.